



Western New York  
Perinatal Bereavement Network, Inc.

# SUPPORTING BEREAVED FAMILIES THROUGH MINDFULNESS & SENSITIVITY For Healthcare Professionals



**March 7, 2018 • 8:00 am – 4:00 pm**

**Catholic Health**  
144 Genesee Street  
Buffalo, NY  
Free Parking Available

**Conference Fee**  
\$95 Professionals  
\$65 Students (With ID)  
Breakfast and Lunch Provided

Continuing Education Credits are available for an additional \$20  
for LMHCs and Social Workers. (Make checks payable to Catholic Charities)

This training has been approved for 5 live contact hours. Awarding of contact hours requires attendance at all of the classes and the participant completing an evaluation. No partial credit will be awarded for partial attendance. Catholic Charities of Buffalo, New York SW CPE is recognized by the New York State Education Department's State Board of Social Work & Mental Health Practitioners as an approved provider of continuing education for licensed social workers #0191 and LMHC #0047.

Receive training in mindfulness, trauma-informed care, differential diagnosis, self-care, and more, which will enhance your comfort level when working with families who are experiencing the loss of a baby.

## **Presenters:**

**Amy Creamer, LMHC:**  
*Mindfulness and Sensitivity*  
**Deborah Waldrop, PhD:**  
*Depression vs. Grief*

**Whitney Mendel, PhD:**  
*Trauma-Informed Care*  
**Kelley Clem, RN MS:**  
*Caring for Self*

## **Mini Sessions:**

Baby Sweet Beginnings, UNYTS, Wings of Love Memorial Fund, Hospice Buffalo Essential Care for Children

Online registration opens January 15, 2018 ♦ [wnypbn.org](http://wnypbn.org)  
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