

## REGISTRATION FORM

\_\_\_\_\_  
*Name*

\_\_\_\_\_  
*Title/Profession*

\_\_\_\_\_  
*Organization*

\_\_\_\_\_  
*Address*

\_\_\_\_\_  
*City, State, Zip*

\_\_\_\_\_  
*Phone*

\_\_\_\_\_  
*E-mail*

*Please Select One:*


*LMHC CEU*

*Social Worker CEU*

*None*

**Sponsored By:**

 **Catholic Health**

 Western New York  
Perinatal Bereavement Network, Inc.

## GENERAL INFORMATION

- General Conference Fee: **\$95**  
Student Fee: **\$65** (with valid student ID)
- Registration due by February 28, 2018  
The WNYPBN is unable to issue refunds
- Continental breakfast and lunch provided (vegetarian option available)
- Free parking available
- CEUs available for LMHC and Social Workers for an additional **\$20** (*If you want CEUs, bring a check **the day of the conference** made payable to Catholic Charities*). *This training has been approved for 6 live contact hours. Awarding of contact hours requires attendance at all of the classes and the participant completing an evaluation. No partial credit will be awarded for partial attendance. Catholic Charities of Buffalo, New York SW CPE is recognized by the New York State Education Department's State Board of Social Work & Mental Health Practitioners as an approved provider of continuing education for licensed social workers #0191 and LMHC #0047.*

Two ways to register:

Register online at [www.wnyybn.org](http://www.wnyybn.org)  
Or make check payable to WNYPBN  
Mail completed registration forms to:  
30 S. Cayuga Road – Lower  
Williamsville, NY 14221

Conference Planning Committee:

Amy Creamer, Katherine Garey, Jennifer Liberti,  
Colleen Neffke, Tara Petty, Gayle Protas, Terri Ryan,  
Julie Scanlon, Christine Scott, Susan Siminski, Jan  
Walkden, and Debbie Ziemianski

 Western New York  
Perinatal Bereavement Network, Inc.

## Supporting Bereaved Families Through Mindfulness & Sensitivity

**For Healthcare Professionals**



**Wednesday, March 7, 2018**  
**8:00 am – 4:00 pm**

**Catholic Health**

144 Genesee Street  
Buffalo, New York

## CONFERENCE GOALS & OBJECTIVES

To enhance the comfort level among healthcare professionals as they work with families who are experiencing the loss of a baby. Participants receive training in mindfulness, trauma-informed care, differential diagnosis, self-care, and community resources.

At the conclusion of this conference, the participants will have:

- Increased awareness of the Western New York Perinatal Bereavement Network and other local perinatal loss resources
- Improved awareness of the importance of self-care and practical tools to use in order to enhance self-care
- Increased understanding of how to incorporate mindfulness and sensitivity into working with families experiencing a perinatal loss
- Improved ability to differentiate between depression and grief
- Increased awareness of trauma-informed care principles relating to perinatal bereavement
- Increased awareness of community resources available to support families through their loss

***Participants will receive a certificate of completion from the Western New York Perinatal Bereavement Network, Inc.***



## SCHEDULE

**8:00 am – 8:30 am**

*Registration & Continental Breakfast*

**8:30 am – 9:30 am**

*Amy Creamer, LMHC  
Mindfulness*

**9:30 am – 10:15 am**

*Deborah Waldrop, PhD  
Grief vs. Depression*

**10:15 am – 10:30 am**

*Break*

**10:30 am – 12:00 pm**

*Parent Panel*

**12:00 pm – 1:00 pm**

*Lunch & Networking*

**1:00 pm – 1:30 pm**

*Debriefing Session*

**1:30 pm – 2:15 pm**

*Whitney Mendel, PhD  
Trauma-Informed Care*

**2:15 pm – 2:30 pm**

*Break*

**2:30 pm – 3:30 pm**

*Community Resources Presentation  
(Baby Sweet Beginnings, UNYTS, Essential Care,  
Wings of Love)*

**3:30 pm – 4:00 pm**

*Kelley Clem, RN, MS, CHPN  
Self-Care Activity*

**4:00 pm**

*Evaluations & Certificates*

### Questions?

Please contact Tara Petty  
tara@wnypbn.org  
or Katherine Garey  
katherine@wnypbn.org  
716-626-6363

## OUR PRESENTERS

### **Kelley Clem, RN, MS, CHPN**

VP of Clinical Education & Patient Advocacy,  
Director of Essential Care for Children, and  
Director of Bereavement Services  
The Center for Hospice & Palliative Care

### **Amy Creamer, LMHC, CPLC**

Coordinator of Perinatal Bereavement  
Sisters of Charity Hospital  
National Resolve Through Sharing Speaker

### **Whitney Mendel, PhD**

Assistant Professor of Public Health  
Daemen College

### **Deborah Waldrop, PhD**

Professor and Associate Dean for Faculty  
Development  
University at Buffalo

## COMMUNITY RESOURCES

### **Kayla Giancarlo, MPA, CEBT**

Eye Bank & Birth Tissue Program Manager  
UNYTS

### **Terri Ryan, RN**

Essential Care Manager  
Hospice of Buffalo

### **Christine Scott, BS**

Executive Director  
WNY Perinatal Bereavement Network, Inc.

### **Polly Thomas, IBCLC, RLC**

Owner  
Baby's Sweet Beginnings