



FORGET-ME-NOT

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WNYPBN, Inc.

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Christine Scott,
Executive Director

FROM OUR HEART TO YOURS

Save the Dates!

Parent's Day Breakfast	May 10, 2014
ACQUA Restaurant	2192 Niagara St.—Buffalo
Elegant Evening to Remember	May 16, 2014
ACQUA Restaurant	2192 Niagara St.—Buffalo

WNYPBN MEMBER ORGANIZATIONS

Baby's Sweet Beginnings Lactation & Wellness Center	Kaleida Health Women & Children's Hospital of Buffalo Millard Fillmore Suburban Hospital	SICD: Sudden Infant & Child Death Resource Center
Brooks Memorial Hospital	Jones Memorial Hospital	Olean General Hospital
Catholic Health System Mercy Hospital Sisters of Charity Hospital	Life Transitions Center, Inc.	United Memorial Medical Center
The Center for Hospice & Palliative Care	Mount St. Mary's Hospital of Lewiston	WCA Hospital
Eastern Niagara Hospital— Lockport Division	Niagara Falls Memorial Hospital	Wyoming County Community Health System

LETTER FROM THE EDITOR

Mother's Day and Father's Day are on our doorsteps. We all know that when you don't have any living children, society as a whole doesn't seem to consider you a parent. But YOU ARE!

I, myself, aspire to be the person that my daughters DESERVE to have as their mother. On Mother's Day, especially, I make sure that I wear my baby footprint necklace and my WNYPBN Awareness pin. I visit the cemetery after church and say

a quick hello to my girls. But most of all, I am kind to myself. I don't hold back if I need to cry. I don't expect too much from myself when it comes to keeping a "brave face." I give myself permission to do what I need to do to get through the day.

I also try to do that for my husband on Father's Day. Dads are the unsung heroes whose emotions often get ignored or unnoticed during the loss of a baby. Everyone worries about

the mom. I also make sure that my husband has a Father's Day card from our girls. They may not say it or even realize it... but they need validation, too.

When these "holidays" arrive, I hope you can find solace. Attending the Parents Day Brunch may help with your feelings and needs for these tough days. But even if you cannot, know that you ARE a parent and your baby loves you.

Peace,



MISSION STATEMENT:

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain

of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved

parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.



Network News



From the desk of Christine Scott
WNYPBN Executive Director



Bereaved Mother of Jacob Wesley Scott—May 27, 2000

Snow, Snow go away and don't come back anytime soon is the buzz statement as we all anxiously wait for spring to arrive...

As spring arrives, so does the ideas of rebirth, rejuvenation, renewal, resurrection and re-growth. It has been a very long, cold, and dreary winter and I know we are all ready for brighter warmer days. The Board of Directors, volunteers, interns and I have been working hard through the cold winter planning for our many spring events and programs for our bereaved community and Network family.

I would like to welcome our new Board Member, Jenine Linenfelser to our group, she brings much knowledge of corporate development to the table and is very passionate about our organization. She has been a very dedicated event volunteer for many years. I would also like to Thank Lynn Weissman and Lisa Jerebko for their many years of dedication and great work. They have both resigned as Board members but will continue with the Network in different roles. Since January, we have been so lucky to have Becky Paolini back with us as she completed her senior college internship. She will be graduating this May from Hilbert College and will receive her Bachelor's degree in Human Services. Congratulations to Becky and a sincere Thank you for all your dedication, time and passion you have brought to us this semester.

The Board of Directors and I want to thank the Board of Directors of People Allied in Early Loss, Inc. (Parallel) of Rochester, NY for selecting our organization as they closed their books and dissolved. They

granted us a very generous donation of \$13,000.00. This donation will allow us to continue the mission of Parallel through our own. We will continue to provide bereavement intervention through educational support, community programs, and referral services for bereaved parents and others who have experienced perinatal death with this gift.

Cyndee Fahey led the team this year again for our 9th annual Evening to Remember Basket Raffle that was held on April 12th. Over 200 people were in attendance, over 150 beautiful baskets made in loving memory of a beloved baby, and many dedicated volunteers were on board to make this event extremely successful. Over \$10,000.00 was raised to support all of our programs of the Network. Please see page 4 for more details on this event. Thank you Cyndee for your leadership, organization and hard work.

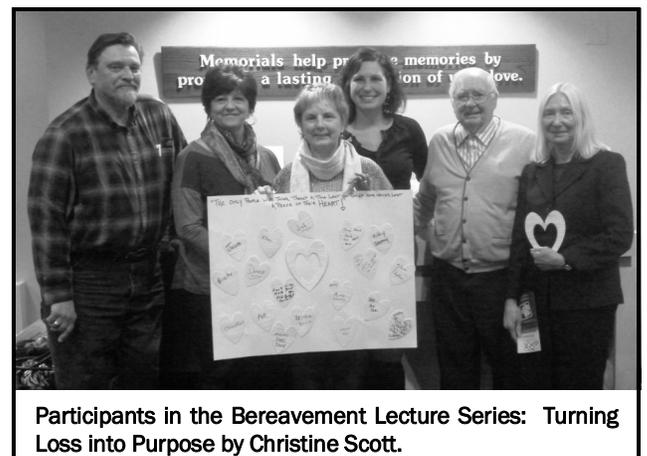
I would like a special thank you to go out to a very dedicated volunteer, Lisa Wyzykowski from Creative Lizzard Designs. Lisa dedicated an extensive amount of time over the years

to bring our bereaved community information, support, and resources through our website. Thank you Lisa, we will miss you!

Turning Loss into Purpose was my topic at a speaking engagement I accepted on April 15th, sponsored by the Catholic Cemeteries of the Diocese of Buffalo, the Bereavement Lecture Series (Photo below). As I spoke of my personal journey of turning my Loss into Purpose through creating the Wings of Love Memorial Fund and Gardens I also spoke of so many of you that have turned your loss into purpose: who are making a difference to our organization, in honor of your babies. You accomplish this by volunteering at events, donating, submitting articles to the Newsletter, sewing, projects that give back to another, etc. etc. I am beyond grateful to have connected with all of you as we continue to heal the hearts of so many... including our own. I want to Thank Nancy Weil from Mount Calvary Cemetery for inviting me to speak and allowing me to drive home an important message to those in attendance: "The only people who think there's a time limit on grief

"YOU MAY BE
GONE FROM MY
SIGHT, BUT YOU
ARE NEVER GONE
FROM MY HEART"

-OUT OF THE ASHES



Participants in the Bereavement Lecture Series: Turning Loss into Purpose by Christine Scott.

have never lost a piece of their heart”~ReaAnn Fredrickson. Grief refers to the process of experiencing psychological, behavioral, social and physical reactions to loss, and is a continuing process involving many changes over time. This is your personal journey; grieve at your own pace.

Mother’s Day is quickly approaching and so is our Wings of Love Parent’s Day Breakfast. This is such a special morning! I invite each and every one of you to come, reflect, honor yourself and your child (children) as we celebrate that indeed we are Parents, even though our children might not be with us on this earth, but live

forever in our hearts. Please visit our website or see page 5 for more information and to purchase your tickets. Thank you to all of our sponsors that help us make this breakfast affordable for our families.

There is one last special event this spring: The Elegant Evening to Remember that will be held on May 16th at ACQUA Restaurant and Banquet on the Niagara River. The gift of Gratitude is the theme of the night. We are so grateful for those who are present in many different ways for those who suffer as a result of a perinatal loss. Please see page 5 for event details, sponsors, and our Award winners.

As we transition into spring and summer please remember this quote: “Your heartache is someone else’s hope. If you make it through, somebody else is going to make it through. Tell your story.”~Kim McManus. I want to wish all of our bereaved mothers, fathers, grandmothers, grandfathers a very special and peaceful Mother’s and Father’s Day!

Sincerely,

 *Christine*

MORE THAN AN INTERNSHIP...

For the second time, I have been blessed to have the opportunity to intern with the WNY Perinatal Bereavement Network, Inc. and Christine Scott. I am a Human Services student at Hilbert College... but more importantly, I am also a bereaved Mom.

My husband and I lost our one week old son, Andrew Thomas Paolini on September 15, 2003. We have also suffered through the pain of two miscarriages in August of 2002 and October of 2004. So I have been familiar with the valuable and life-changing services the Network provides to our community. When it came time for me to choose where I would fulfill my internship hours, I searched through countless agencies online - trying to find one that I felt passionate about. I knew I could stop looking when I saw that WNYPNB took interns. I called Christine immediately and she was more than willing to give me the opportunity to help the Network.

I initially interned with Christine during my Spring 2013 semester and I was fortunate to also have the experience of working along-side another student intern from UB, Abigail. I learned so much from both Christine and Abigail and I enjoyed every minute of my time with the Network. Fast forward to my last semester and it just so happened I needed to find another placement. Once again, I contacted Christine and she wel-

comed me back with open arms! Coming into the office every week and working on projects has given me such a sense of pride and accomplishment. Just knowing that I am helping to serve the population of bereaved families in our community has meant so much to me as a student but especially as a bereaved parent. Between this semester and last year’s I have had the chance for a “behind the scenes” look at just what goes on to bring the services and programs of WNYPNB to bereaved families. The Network is so much more than the Walk to Remember or other yearly events. I view it as a lifeline to the grieving families who have experienced the trauma of perinatal loss.

When I lost my son more than a decade ago, many of the programs did not exist at that time. However, just knowing that there were others out there that knew my pain and understood my loss made an incredible difference in my life and my grief. The support groups were an invaluable resource for me and my husband and attending that first Walk to Remember was an incredible experience. To think of how far the Network has come since then is amazing. To see the great distance that Christine goes to make each encounter with a bereaved parent personal and caring is extraordinary. I have also been given the chance to bring the

mission of WNYPNB to the attention of my fellow students and professors at Hilbert. It is unfortunate that perinatal loss is such a taboo subject in our society that, as a result, families endure an unspoken grief.

My goal is to educate, raise awareness and to help someone who might be going through this journey not realizing that help is out there. I am also hoping to spark an interest in current and possibly future students in my field and introduce them to the much needed services for families who have been faced with such a loss. My internship has allowed me to work hard for the mission of WNYPNB but to also bring my own personal story into my role. I am so very thankful to Christine for giving me another opportunity to hopefully make a difference in someone’s life. Even if it is just one grieving parent or one brief conversation I may have had with someone, I aspire to bring some sort of peace or comfort into their lives. I have learned so much from not only Christine and other professionals that I have encountered but also from the bereaved parents and grandparents I have met along the way. No matter where my career brings me after graduation, I will take all of these experiences with me and hold them close to my heart.

By: Becky Paolini

YOUR SEARCH ENGINE

I’ve always been a Google girl. It’s a “favorite” in my web browser. I search all sorts of random things with it. I even find articles and poetry for the newsletter with this search engine. That is all changing and coming to an end!

The DailyGood by goodsearch.com is my NEW search engine. The site is set up as

many homepages are: search window, some information about your account and some headlines that may interest you—in this case shopping opportunities. However, every time you use a feature of this account/website, one penny is donated to the charity of your choice. I chose the Western New York Perinatal Bereavement Network. This morning, just from me look-

ing some things up, \$0.03 is being donated to our Network. Think of how much money we can generate if a dozen or more people used this search engine.

Google is fine—but what have they done for bereaved families in our community?

By: Dawn Both-Kim

MY FIRST MOTHER'S DAY

The Holidays after the first year we lost our son John Paul, were the worst time in our lives. On November 18, 1999 I gave birth to my stillborn son. He was beautiful, he weighed 8 pounds, 21 inches long, had jet-black hair and little rose bud lips. He looked like he was sleeping when I held him - I couldn't believe this was happening! Why!?! We named him John Paul. Everything from that point is a blur to me.

Then came the Holidays... I think we went over to my mother-in-law's house for Thanksgiving? I do not remember the first two weeks after we lost John very well at all. It was then a month before Christmas (one of my favorite holidays) and all I wanted was for it to be over! This was supposed to be the happiest Christmas of our lives. Instead I was putting up angel candles instead of decorations. I was so angry and so very, very sad.

In the months following, there were days I started to feel somewhat normal again - then came dreaded Mother's Day. My anxiety and sadness leading to this day was almost too much to bear. I was supposed to be celebrating my first Mother's Day as a mom to our beautiful baby boy. This was not fair! I was a mom! I carried my baby for nine months, I felt him move inside of me,

and I held him in my arms. The day came, there were no cards for me, no presents and not one person recognized me as a mom. I stayed in bed that day and the day after curled in the fetal position and just cried and cried for what was supposed to be. All I wanted to be was recognized as a mom, that's all I wanted. But no one wanted to make me sad or knew what to say. Not even my husband knew how to handle this "holiday." While I was lying in bed those two days, I thought how wonderful it would be to have something for newly bereaved families to acknowledge us as parents.

Fast forward 7 years and I am attending my first Pregnancy Loss and Infant Death Awareness (PLIDA) conference in Orlando, Florida with the Executive Director of the WNY Perinatal Bereavement Network, Christine Scott. We were riding in the elevator and she said to me, "I think we should do some type event for Mother's and Father's Day."

I was so excited when I heard those words from her and told her of my story of my first Mother's Day and how alone I felt. So after some planning, in 2009 the WNY Perinatal Bereavement Network (WNYPBN) held its first annual Wings of Love Parent's Day

Brunch. Christine felt it important for the dads to be recognized as much as the moms, so each year right before Mother's Day the brunch is held.

Christine knew for those who have lost a baby, Mother's Day and Father's Day can be a sad and emotional reminder of loss instead of the celebration it is meant to be. WNYPBN is helping to commemorate the wonderful parents we all are by honoring and remembering the precious babies who have gone too soon.

I have attended this event each and every year. I cry at the raw emotion within the room, but embrace that each of these families are being recognized as parents of their babies. Songs are sung, poems are read, candles are lit and flowers are thrown in the Niagara River: all in memory of our babies. I encourage any newly bereaved family or any family to come to celebrate our children and be recognized as the parents we are. Words cannot express how grateful I am to my very dear friend, Christine Scott, and the WNY Perinatal Bereavement Network in creating this event for us as parents.

By: Lisa M. Jerebko
Mother of John Paul 11/18/99

9TH ANNUAL EVENING TO REMEMBER BASKET RAFFLE



The Wings of Love Lotto Ticket Raffle included this beautiful wooden and mirrored shelf.

The Basket Raffle was a big success! Held on April 12, at St. Gabriel's Church in Elma, the event saw over 200 attendants, over 150 baskets, side raffles, smiles, laughter and camaraderie. The event raised nearly \$10,000 for the programs of the WNYPBN, but it also raised the spirits of families mourning the loss of a baby.

Many bereaved families come together at

the various WNYPBN events. The families see each other, year after year, and friendships grow. Knowing that others have experienced similar tragedies brings people closer together. It can be difficult, however, to nurture a friendship when meeting only at events with such a solemn nature. One of the main goals of the Basket Raffle is to provide a venue for the growth of friendships within our Network. What better way to offer support to families, than to foster friendships with those who understand.

The Basket Raffle committee would like to thank Fr. Dan Pals and the Holy Name Society at St. Gabriel's Parish for the generous use of their space. The venue is perfect for our cause, and we appreciate the assistance in making our event a wonderful experience for all!

Thank you to all who made the event a success, especially Cyndee Fahey, the event chairperson. Hours of organization and thought went into making the event smooth and successful. We couldn't have

done it without you! Thank you!

Thank you to the Committee for their time, talent and donations. The event does run so smoothly because everyone does their part!

The winner of the Granite Paver at Lancaster Rural Cemetery Children of Love Garden was Beverly Ingalsbe.

The 2014 Evening to Remember Basket Raffle Committee:

Christine Scott, Cyndee Fahey, Kelly Arena, Louann Bajdas, Molly Bigaj, John and Noreen Curr, Kristin Davidson, Stacey Davis, DJ Billy Elson, Terri Fronczak, Sharon and Tom Goldyn, Lisa Jerebko, Dawn and Mark Kim, Michelle Morgan, Becky Paolini, Carrie Smith, Lori Valenti and the Women of At&T, Janeen Wilder, Lisa Wolff, Deb and Greg Zmuda

WINGS OF LOVE PARENT'S DAY BREAKFAST

Please Join Us!

Saturday, May 10, 2014

ACQUA Restaurant

2192 Niagara St.—Buffalo

10:00 AM until 12:30 PM

Holidays can be exceptionally difficult after losing a baby. Mother's Day and Father's Day can be especially hard since our children are no longer with us to show the world that we are parents. The WNYPBN and their "Wings of Love" Memorial Fund program are hosting a Parent's Day Breakfast once again at the beautiful ACQUA Restaurant and Banquet Facility. ACQUA is along the Niagara River and allows us to release flowers in

memory of our lost babies into the river. It is a beautiful, unique and serene event to honor us as parents.

All family members are invited. Invitations were sent out in April with registration information and more details. Also, keep up to date on this event and all the others on our website:

www.WNYPBN.org

THIRD ANNUAL ELEGANT EVENING TO REMEMBER

To be held on

Friday, May 16, 2014

ACQUA Restaurant

2192 Niagara St.—Buffalo

6:00 pm – 11:00 pm.

Tickets are \$95 per person

Tables for 10 are available for \$900

Invitations and registration forms are available on our website: www.WNYPBN.org. You may register for or donate to this event on our website:

[www.wnyppbn.org/
elegant-evening-tickets](http://www.wnyppbn.org/elegant-evening-tickets)

The "Elegant Evening to Remember" features an awards ceremony recognizing physicians, nurses, volunteers and organizations for their outstanding dedication to the WNYPBN and our bereaved community. This elegant evening includes a cocktail reception, sit-down dinner, and a silent and live auction. All auction packages will be created in memory of babies who have died due to miscarriage, ectopic pregnancy, still-birth or early infant death.

If you would like more information, or have any questions, please contact

**Christine Scott at 716-626-6363 or
Christine@wnypbn.org**



Award winners are:

Physicians of the Year

Dr. George Albert

Neonatologist

Sisters of Charity Hospital of Buffalo

Dr. Faraj Touchan

Obstetrics and Gynecology

Mount St. Mary's Hospital

Dr. Amol Lele

Perinatologist

Regional Perinatal Center

of Western New York

Women & Children's Hospital of Buffalo

Nurse of the Year

Diane Lattimer, RN

Women & Children's Hospital of Buffalo

Volunteer of the Year

Rosemary Battaglia

WNYPBN Office Volunteer

Community Service

Art Christy

Frontier Catering, Owner

LaVita Spentz

Thomas T. Edwards Funeral Home

Daryl Moses

Environmental Services, Sisters of Charity
Hospital

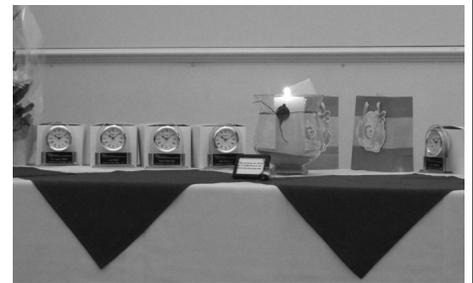
Community Awareness

Wagner Monuments

Billy Elson

Ingram Micro

We would like to thank everyone for contacting the WNYPBN offices with their nominations for these awards. If your candidate did not win this year, then please nominate them again for next year's event!



*The Elegant Evening to Remember
is proudly sponsored by:*

Catholic Health System

First Niagara

Acacia Park Cemetery

Ingram Micro

UBMD – Obstetrics and Gynecology

University at Buffalo Pediatric Associates –
Department of Neonatology

Kelly and Michael Anderson

Curbell, Inc.

Evans Bank

We look forward to seeing you all at this formal elegant event.

*To Honor those
who have Done so much
for those who have Lost so much*

Forget-YOU-NotS

In Loving Memory Of..

Michael Anthony Anderson April 5, 2005
Always, Always in our Hearts! Love Nana & Papa
xxxooo
We love you always! Love, Mommy, Daddy & Mia
Parents: Michael & Kelly Anderson

Lilya Raine Arena September 26, 2009
Hugs to the sky, baby! Mommy, Daddy and little sister
Willow love and miss you.
Parents: Kelly & Michael Arena

Alexander North Bieniek August 21, 1998
You were my first baby, my little boy. You will never
know how much you were loved and wanted. You are
in a better place until Mommy can hold you again.
Parent: Carmalita Seitz

Gavin Joseph Buckner September 15, 2009
Love you and miss you more every day! Love, Mama,
Daddy, Zack, Bashy & Dominic
Parents: Amy & Ryan Buckner

Nadiyah Carrion July 9, 2010
Mommy & Daddy love and miss you very much. Happy
fourth birthday in heaven.
Parents: Rebecca Mancini & Ramon Carrion

Baby Casper April 15, 2004
Ten years ago you made us parents for the first time
and it was a gift. For though You were carried for only
a moment, we always have the love.
Parents: Lisa & Matt Casper

Isabella Moon Comins April 28, 2008
Happy 6th angel birthday to my beautiful dancing Angel
Isabella Moon, who we know will be dancing up a
storm on her little sisters Charlotte Grace's 4th birth-
day. You are both loved more than infinity.
Parents: Vivian & Eric Comins

Kelsey Martha Davis December 5, 2008
Baby Davis April 19, 2012
We love you forever!
Parents: Stacey & Steve Davis

Cassandra Elizabeth Goldyn September 13, 1999
We love you more than all the stars in the sky! Love,
Mom, Dad & Chelsea
Parents: Sharon & Tom Goldyn

Graeme Graupmann May 6th, 2013
Sweet boy, as your first birthday approaches, know
that not a day goes by that we don't think of you. We
miss you so terribly and love you more every day.
Thank you for watching over us through our pregnancy
with your baby brother. We are anxiously awaiting his
arrival. I know you will be with us through all of it. We
love you, buddy. We miss you like crazy!
Parents: Andrew & Danae Graupmann

Angelo James Guido May 30-31, 2007
Gregori James Guido May 9, 2008
Happy Birthday, Sweet Angel Boys! You are missed so
much. Fly high til we meet again.
Parents: Melissa & Greg Guido

Brennan Mark Hayes April 15, 2006
We love and miss you, Brennan! Happy 8th Birthday in
Heaven! Love, Mom, Dad, Hunter and Brianna
Parents: Laurie & Wayne Hayes

Emily Ann Jank February 2-17, 2012
Hugs and Kisses from Mom, Dad and Austin. We love
and miss you!
Lots of love from all the Jank/Ferrelli Family! Love,
Aunt Kate, Uncle Joe, Nathan and Caitlyn
Parents: Heidi & Chris Jank

Forget-YOU-Not

In Loving Memory Of...

John Paul Jerebko November 18, 1999
You will always be remembered
Parents: Peter & Lisa Jerebko

Marrina Kim August 3-4, 2005
Ella Grace Kim June 8, 2007
Happy Birthdays, my angels! We love you and think of you so very often. Please watch over us... now and always.
Parents: Dawn & Mark Kim

Bud Charles Mott September 12, 2005
Theresa Marie Mott
Baby Mott January 2014
You are forever in our hearts, and thoughts. We love and miss you always, and know that someday, we will all be together again. ~ Love Daddy, Mommy & Alison
Parents: Timothy & Beth Mott

Andrew Thomas Paolini September 8-15, 2003
Baby Paolini August 2002
Baby Paolini October 2004
Always missed; always loved; always in our hearts.
Love, Mommy, Daddy and Sam
Parents: Becky & Charlie Paolini

Michael James Quigley October 24, 1992
Mom thinks of you every day!
Parent: Debi Zmuda

James Thomas Reeson January 31, 2003
I hope you had a great 11th birthday in January. I hope you received lots of fun things that you can have fun with. Mom and Dad and Mark Jr. miss you a lot and wish that you were here with us so we could play and have fun. I hope Grandma is keeping you busy. It is hard to believe that it has been 11 years since you left us. Miss you a lot and love you a lot. Love, Mom, Dad and little brother Mark Jr.
Parents: Tammy & Mark Reeson

Jacob Wesley Scott May 27, 2000
We love you and think of you every day! Butterfly kisses, buddy! Love, Mom, Dad, Thomas & Mandy
Parents: Phillip & Christine Scott

Abigail Margaret Skotarski June 3, 2013
1 year ago you left us and became our angel in heaven. We think about you every day and you will forever be in our hearts. We will love you always, Mommy, Daddy, Justin and Allyson.
Parents: Nicole & Daniel Skotarski

Anthony Viele June 2, 2005
Almost 9 years since the last time I touched your beautiful face. Momma misses you so much!
Parent: Starr Viele

Grace Lee Zimmer April 12, 2012
Until we meet again, fly sweet butterfly, fly! A moment in our arms, A lifetime in our hearts. Love, Mom, Dad, Hunter and Luke
Parents: Donna & Russell Zimmer

Allen William Harner April 23, 2004
I lost my second son at 40 weeks. He was born sleeping and would have been turning 10 if GOD didn't have other plans for him. I know he is watching down on me and he is with me all the time, but I still miss him like crazy
Parents: William Harner & Dana Elwell



Interested in Submitting a Memorial?

Please email your baby's Forget-YOU-Not to:
forgetmenotnewsletter@hotmail.com

Submissions are due by the 15th of the month prior to the issue month.

Family members and friends are also encouraged to submit:
not just parents!

Poetry

Solace in the Written Word

Our Little Angel

Our little angel from above,
 John Paul – can you feel our love?
 Our precious child we wanted so much,
 To hear your cry – to feel your touch,
 When you were born – only silence filled the room,
 The emotions we felt were deepest darkest pain and
 gloom,
 Your life was taken,
 Why we will never know,
 We look for you now in the sun, the moon and a fresh
 winter's snow,
 In memory of you – we planted a tree, a stone was
 engraved, an album full of memories made and an
 angel pin will be worn,
 Our little angel – you are missed by all,
 We know you are in heaven watching over us with God
 and Grandpa Paul...

By: Lisa Jerebko
 In memory of John Paul Jerebko 11-18-1999

Empty Arms

Holding out these empty arms
 Cursing my disillusionment
 Why did I imagine it could be any other way
 that I could have been content, dreams that's all it
 was,
 Mothers arms are not meant to be empty
 I look up at the sky, tears filling my eyes,
 Searching the stars trying to find my angel
 The brightest star I search for
 Finding it the first tear rolls down my cheek
 Memories flood back of our short time together
 Love totally encasing my heart as I look at that star
 I know you are there baby I will never forget
 I just can't come to accept as I look that you are so far

I would have cuddled and loved you kept you safe
 Within my arms holding you in a tight embrace
 I will search these skies for you each night
 But just for now have to leave you in Gods guiding light
 Sleep well my baby one day my arms and heart will be
 full again
 As I join you and give you all that was meant to be

© Linda

Source: <http://www.familyfriendpoems.com/poem/death-of-a-baby#ixzz2zddqmb8eB>
 Family Friend Poems

Baby Wipes

I confess. I buy baby wipes; for personal reason,
 and you can get them cheap.
 AND in hopes the cashier, another woman in the aisle,
 SOMEONE, will ask me how old my baby is.
 Ask me...ask me.
 I'm aching to say his name.
 I'm dying to tell his story.
 I only buy the blue package.
 I carry them proudly, not tucked away in a cart or
 shopping basket.
 I love the fresh scent. The new clean smell. The soft-
 ness.
 I love the baby on the package. My son was stillborn
 12-30-05.
 I buy baby wipes.
 Wet.
 Soaked with the fragrance of my tears; dirtied by mas-
 cara.
 I'm the mother of an angel.
 Ask me...

By: Heidi Brown

WELCOME TO HOLLAND

When you're going to have a baby, it's like planning a fabulous vacation trip – to Italy. You buy a bunch of guide books and make your wonderful plans. The Coliseum. The Michelangelo David. The gondolas in Venice. You may learn some handy phrases in Italian. It's all very exciting.

After months of eager anticipation, the day finally arrives. You pack your bags and off you go. Several hours later, the plane lands. The stewardess comes in and says "Welcome to Holland."

"Holland?!?!" you say. "What do you mean Holland?? I signed up for Italy! I'm supposed to be in Italy. All my life I dreamed of going to Italy."

But there's been a change in the flight plan. They've landed in Holland and there you must stay.

The important thing is they haven't taken you to a horrible, disgusting, filthy place, full of pestilence, famine and disease. It's just a different place.

So you must go out and buy new guide books. And you must learn a whole new language. And you will meet a whole new group of people you would have never met.

It's just a different place. It's slower paced than Italy, less flashy than Italy. But after you've been there for a while and you can catch your breath, you look around... and you begin to notice that Holland has windmills... and Holland has tulips. Holland

even has Rembrandts.

But everyone you know is coming and going from Italy... and they're all bragging about what a wonderful time they've been having. And for the rest of your life, you will say, "Yes, that's where I was supposed to go. That's what I had planned."

And the pain of that will never, ever, ever, ever go away... because the loss of that dream is a very very significant loss.

But... if you spend your life mourning the fact that you didn't get to Italy, you may never be free to enjoy the very special, the very lovely things... about Holland.

By: Emily Perl Kingsley

Submitted by: Donna & Russell Zimmer

2014 WALK TO REMEMBER PLANNING— WE NEED YOUR HELP!

We are starting the planning for this year's 22nd Annual Walk to Remember! If you have ever wanted to volunteer for an event, this is your chance! **The Volunteer Planning Open-House will be held on June 17th at 6:30 PM at the WNYPBN offices at 30 S**

Cayuga Road—Lower in Williamsville. There will be a "Meet 'N Greet" with various veteran volunteers, snacks, sign-ups and idea sharing.

Please bring your ideas for a Walk theme, t-

shirt design, poem, etc. If you do wish to submit a design, please have it to Christine at Christine@wnypbn.org before the meeting in pdf or jpg format.

By: Dawn Both-Kim

THE ORIGINAL MOTHER'S DAY

A bereaved mother named Julia Ward Howe wrote and published a protest in a Boston newspaper in 1870. She called for a day to recognize the bereaved mothers of the Civil War, protesting against the death of so many sons during this turbulent time. Her protest started the Mother's Day tradition as a day to remember and take notice of all the bereaved mothers and their losses. Somewhere down the line, commercial-

ism and our capitalistic society decided to change this. A holiday for Bereaved Mothers is sad and likely sells fewer cards, candy and jewelry than the newer happier Mother's Day.

So to my strong and proud Bereaved Mother Sisters out there, I say this: don't feel left out on Mother's Day this year. This day was made to celebrate and remember you and your loss! Let's look to Ms. Julia Ward

Howe as an example and find a way to restore this day back to its original meaning. Pass on this information to those who don't know and find a positive and healthy way to remember and celebrate our losses with our family and friends.

And please let me be the first to wish you a Happy Mother's Day!

Margaret Husted LMSW

RIDE TO REMEMBER

"Ride to Remember" was created in loving memory of Helen Lois Pritchett by her family. The Ride to Remember will be held in Alabama, NY (near Batavia) on Saturday, September 6th, 2014. The Ride to Remember will raise funds for the WNYPBN, Inc., specifically to support the "Remembering Love in a Heartbeat" pro-

gram. This program supports parents who are faced with a terminal pregnancy diagnosis, offering families the opportunity to have their baby's heartbeat recorded on a device that is then placed into a stuffed Bunny or Bear. This is an opportunity for the family to always hear their precious baby's heartbeat... another beautiful

memory.

There are two route options for The Ride to Remember. There is a Family Fun Route as well as a 20 Mile Route. Visit our website for all event information as it becomes available! www.wnybn.org

By: Christine Scott

RETURN TO ZERO

RETURN TO ZERO is Lifetime's first global premiere on **May 17, 2014**. It is based on a true story of a couple (played by Minnie Driver and Paul Adelstein) whose lives are

turned up-side-down when their son is still-born. Forever altered by this loss, they face new and difficult challenges to stay together and pursue the dream of building a family.

For more information visit
www.returntozeromovie.com

Safe Arrivals

To Grant Others Hope

Dominic Alexander Buckner was born January 16th 2014 to Ryan & Amy Buckner and big brother Zack, Sebastian. He was 7 lbs 5 oz. The family will always remember Gavin Joseph Buckner (September 15, 2009).

Tom and Jessica Ingalsbe are proud to announce the arrival of **Dylan Mickey Ingalsbe**. He was born 7 lbs 1 oz and 20.5 inches

long at 2:12 A.M. on February 16, 2014. The Family will always remember Alyssa Sophia Ingalsbe (December 21, 2012).

Austin Robert Withey was born to Tara and Chris Withey on December 6, 2013, weighing 8 lbs 12 oz. Big brothers and sisters, Alissa, Anthony, Amber, Andrew, and Alex will teach Austin about their heavenly siblings Ariel

(November 22, 2005), Adam (June 9, 2008), Addison (October 24, 2008), and Aemon (February 28, 2012).

Interested in Submitting Your Safe Arrival?
Please email your new baby's information as well as their heavenly sibling's information to: forgetmenotnewsletter@hotmail.com
Submissions are due by the 15th of the month prior to the issue month.



AREA SUPPORT GROUPS

"Tiniest Angels" Parent Bereavement Support

Miscarriage, ectopic pregnancy, stillbirth and early infant death

When: 3rd Wednesday @ 7 PM
30 S Cayuga Rd—Lower
Williamsville

FREE—Please call to register

Facilitated by Margaret Husted and Kelly Arena

Contact:

Christine Scott, (716) 626-6363



"Tiniest Angels" Support for Subsequent Pregnancy

Support for pregnancy after a perinatal loss

When: 3rd Tuesday @ 7 PM
30 S Cayuga Rd—Lower
Williamsville

FREE—Please call to register

Facilitated by Terri Fronczak

Contact:

Christine Scott, (716) 626-6363

"Tiniest Angels" Grandparent Support

Support for grandparents after a perinatal loss.

When: 4th Tuesday @ 7 PM

FREE—Please call to register

Different craft projects every month.
Facilitated by Joanne Ferrelli and LouAnn Bajdas

Contact:

Christine Scott, (716) 626-6363

"Tiniest Angels" Support Groups are being added regularly. If you are in need of support, please contact the WNYPBN office for information on a support group that is convenient for you! 716-626-6363 or Christine@wnypbn.org

Parent Telephone Support Team (PTST)



Contact:

Christine Scott, (716) 626-6363

Speak with another bereaved parent who has endured a similar perinatal loss.

This service is a program of the WNYPBN, Inc.

Caring Arms Support Circle

Stillbirth and Early Infant Death

When: 2nd Tuesday @ 7:00 PM

Ministry Center, Rm #4

100 Gregory Ct, Williamsville

Next to Millard Fillmore Suburban

Contact:

Denise Hudden, RN, 716-568-6653

Circle of Hope

Death and/or Serious Illness—Niagara Hospice

4675 Sunset Dr., Lockport or

2186 Liberty Dr., Niagara Falls

Contact:

Outreach Dept. 716-280-0777

Footprints on the Heart

Stillbirth and early infant death

Call for further details

When: 3rd Tuesday @ 6:00 PM

Life Transitions Center

1140 Delaware Ave, Buffalo

Contact:

Amy Creamer (716) 862-1678



Heart to Heart

Early loss, miscarriage and ectopic pregnancy

When: 2nd Tuesday @ 6:00 PM
M. Steven Piver Center,
Sisters Hospital, Seton Bldg
2157 Main St., Buffalo

Contact:
Amy Creamer (716) 862-1678

**Hopeful Hearts /
Subsequent Pregnancy**

Support for pregnancy after a perinatal loss

When: 1st Tuesday @ 6:00 PM
M. Steven Piver Center,
Sisters Hospital, Seton Bldg
2157 Main St., Buffalo

Contact:
Amy Creamer (716) 862-1678

**SIDS Family Support Group**

SIDS and Infant Death

Joan A. Male Family
Support Center
60 Dingens St., Buffalo

Contact:
Jan Walkden, (716) 822-0919

Sibling Grief

Siblings 5 years and older

When: 2nd Wednesday @ 6:30 PM
First Trinity Lutheran Church
1570 Niagara Falls Blvd,
Tonawanda

Contact:
Tara Young, (716) 878-7681

On-Line Help and Internet Resources

The Western New York Perinatal Bereavement Network, Inc. (WNYPBN)
www.WNYPBN.org

Babies Remembered and Wintergreen Press
Babiesremembered.com

The Website of Sherokee Ilse: Bereaved Parent, International Speaker and Author of *Empty Arms: Coping with Miscarriage, Still-birth, and Infant Death* and many other books, including *Miscarriage: A Shattered Dream*

Baby Photo Retouching Service

www.babyphotoretouch.com

Transforms your precious baby photos through digital technology to correct some of the damaged image.

Bereaved Parents USA

www.bereavedparentsusa.org

A national non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved.

A Blog for Fathers When a Baby Dies

www.fathersgrievinginfantloss.blogspot.com

Born Angels Pregnancy Loss Support

www.bornangels.com

Provides links to pregnancy loss support, infertility support, neonatal loss support, and adoption resources.

Celebration Forest

www.celebrationforest.com

Allows you to plant a tree in honor of your deceased beloved one

CJ Foundation

www.cjsids.org/grief

A national non-profit devoted to eliminating the tragedy of sudden unexpected infant deaths and early childhood deaths, supporting grieving families, advancing medical research, furthering parent and professional education, and advocating for the health and survival of all children.

Compassionate Friends

www.compassionatefriends.org

Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a child, and helps others better assist the grieving family.

Facts About Miscarriage

<http://www.pregnancyloss.info>

The Grief Recovery Institute

<http://www.griefrecovery.com>

The action program for moving beyond loss

H.A.N.D.

www.handonline.org

—Help After Neonatal Death

Helping cope with the loss of a baby before, during, or after birth

Healing Hearts for Bereaved Parents

www.healingheart.net

Provides grief support and services to parents who are suffering as the result of the death of their child or children.

A Heartbreaking Choice

www.aheartbreakingchoice.com

For parents who have interrupted their pregnancies after poor prenatal diagnosis.

Hygeia.org

www.hygeia.org

An online journal for pregnancy and neonatal loss.

Memory Pendants

www.memorypendants.com

Use code: **112188** to receive a discount for families affiliated with our organization

Owner Chuck Huffman- L. Huffman Studios

M.I.S.S. Foundation

www.misschildren.org

Provides immediate and ongoing support to grieving families, empowerment through community volunteerism opportunities, public policy and legislative education, and programs to reduce infant and toddler death through research and education.

National Share Office

www.nationalshare.org

To serve those whose lives are touched by the tragic death of a baby.

A Place to Remember

www.aplacetoremember.com

Uplifting support resources for those who have been touched by a crisis in pregnancy or the death of baby.

Remembering Our Babies

<http://www.october15th.com/>

The official site of pregnancy and infant loss remembrance day.

Sudden Infant and Child Death Resource Center

(Satellite Offices in Buffalo, Syracuse, Albany, Manhattan & Long Island)

www.stonybrookmedicalcenter.org/SIDS

Stone Art Memorial

www.stoneartmemorial.com

The Right way to commemorate your memories.



**Western New York
Perinatal
Bereavement
Network, Inc.
30 S Cayuga Rd
Williamsville, NY
14221**

**Phone: 716-626-6363
Fax: 716-626-6368
E-mail: christine@wnypbn.org**



*Helping Families
Honoring Lives*

This newsletter is FREE for one year (4 issues) after your loss. If you would like to continue your subscription, please send \$5 to help defray mailing costs for an additional year. You may also find this newsletter for no cost whatsoever on-line at www.wnypbn.org. Make checks payable to WNYPBN, Inc. and send the completed form below to WNYPBN—Newsletter, 30 S. Cayuga Road—Lower, Williamsville, NY 14221. If you are receiving duplicate mailings, please let us know.

Name: _____

Address: _____

Phone: _____ **Email:** _____

Baby's Name & Honored Date(s):

Editors reserve the right to grammatically edit or reject materials submitted. Views and opinions in this publication are not necessarily those of the WNYPBN or its member organizations, but those of the individual authors.

If you would like to be removed from the mailing list, please contact the above address. Please know that we will be here for you if you need us in the future!

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Forget-Me-Not

