



FORGET-ME-NOT

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Christine Scott,
Executive Director

FROM OUR HEART TO YOURS

Save the Dates!

Saturday, May 11

Wings of Love Parent's Day Breakfast

See Page 5 for Details

Sunday, October 13

21st Annual Walk to Remember

See Page 3 for Details

WNYPBN MEMBER ORGANIZATIONS

Baby's Sweet Beginnings
Lactation & Wellness Center

Kaleida Health
Women & Children's
Hospital of Buffalo
Millard Fillmore Suburban
Hospital

SICD: Sudden Infant & Child
Death Resource Center

Brooks Memorial Hospital

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Mercy Hospital
Sisters of Charity Hospital

Jones Memorial Hospital
Life Transitions Center, Inc.
Mount St. Mary's Hospital of
Lewiston

Olean General Hospital

United Memorial Medical
Center

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Wyoming County Community
Health System

Eastern Niagara Hospital—
Lockport Division

Niagara Falls Memorial Hospital

www.WNYPBN.org

LETTER FROM THE EDITOR

This issue is dedicated to all of the bereaved parents whose children are no longer with us.

Mother's Day and Father's Day are fast approaching. With these holidays come the sadness of not being with our children. There is also the sadness of not being recognized by the community at large as the parents we are. It is a difficult time for most of us... but know that you can get through this! Perhaps during these arduous holidays it may help to do something to honor

your angel. You may wish to plant a tree, fly a kite, release balloons or go to the cemetery or a meaningful place to reflect on your baby. Writing your baby a letter is always healing and comforting on some level, as well. Plant that letter with your tree, or tie it to the balloon strings when you release it! There are so many things you can do in remembrance of your child... do what means the most to you!

Finally, be kind to yourself! If you are having a tough time

during these holidays, allow yourself time to grieve and cry. Do not feel obligated to have a stiff upper lip because family and friends expect you to... do what YOU need to do in YOUR time and YOUR way.

Please consider submitting articles, memorials. Poems and sentiments for the next edition of this newsletter. Submissions are due July 15. The newsletter is special because of YOU!

Peace,



MISSION STATEMENT:

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain

of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved

parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.



Network News



From the desk of Christine Scott
WNYPBN Executive Director



Bereaved Mother of Jacob Wesley Scott—May 27, 2000

*"EACH MOMENT IS
UNIQUE BECAUSE IT
WILL NEVER
HAPPEN AGAIN..."*

-ROBERT W.
MERRIWEATHER

"The only people who think there's a time limit for grief have never lost a piece of their heart. Take all the time you need." This post was floating around Facebook last week and caught my eye. It made me reflect on why the Network exists and our mission: to assist the community in meeting the needs of people facing perinatal death (the death of a baby due to miscarriage, ectopic pregnancy, stillbirth, or early infant death). We are here for all of our families throughout their lifetime journey and will continue to meet them where they are in this journey.

We are growing our programs and services to meet the needs of our community. We accomplish this through support events/programs, support groups, in-hospital bereavement program collaboration, professional education, community awareness, etc.

The Network has had a very busy couple of winter months. I would like to reflect and share the success of our accomplishments since the New Year. Our continued growth and success takes a team; teamwork is so essential for success and the continued support services we provide our community. We welcomed two new members to our Board of Directors: Dr. Mark Weissman, and Leah Constanzo, at our Annual Board Meeting in March. Thank you for joining our dedicated team, and Welcome Aboard!!

Our offices have moved down the street in the village of Williamsville to our new location, 30 S. Cayuga Rd. - Lower. We out-grew our former space and needed a new home. Thank you to Mr. Steven Long, our

former Landlord for our previous home. Our new space is coming along beautifully and will meet our needs and our continued growth. I would like to personally thank Gina at InnerSpace Office Interiors, Marty at Synacom Networks, Inc., Dr. Mark Weissman for your generous furniture/services donations, and Alberta Properties LLC for help transitioning to our new space!

Our first University at Buffalo College of Social Work - Masters Student, Abigail Gold, was very instrumental in the success of the Professional Conference, "Diverse Expressions of Grief Following Infant Loss: A Cross Cultural Exploration," which we hosted on Monday, March 18th at Salvatore's Italian Gardens. Over 75 professionals were in attendance to increase their understanding of diverse cultural and religious traditions. At this conference, they explored specific needs relating to loss and grief, and increased their knowledge and comfort level when providing end-of-life care. They also reviewed the local professional and parental programs available, and the burial options that are available to families to create insight into the diverse psychological and emotional needs of bereaved parents and families. It was a very educational and insightful day! A very special thank you to Abigail for Chairing this event. Thank you to our conference committee, Jan Walkden, Fran Kane, Father Duke Zajac, and Lisa Wolff for your time, efforts, and hard work.

I will truly miss Abigail as she graduates this May and moves back to the Boston area. The Board of Directors and I wish her the best and we are confi-

dent she will have a very successful career in the field of Social Work.

Our 8th Annual Evening to Remember Basket Raffle was a remarkable night. Nearly 150 Baskets made in memory of our beautiful babies filled the room. Cyndee Fahey chaired the event again this year and did a tremendous job as she led our volunteer committee to have another successful event. A little over \$13,500 was raised to support the programs of the Network. Thank you to everyone who had a helping hand in this evening!

On April 11th, Renee Backstrom chaired our Spring Shopping & Wine Tasting Event that was held a Passport Wine & Spirits to benefit Wings of Love. \$500.00 was raised to provide financial assistance for unexpected expenses incurred during the loss of a baby. Thank you Renee and Passport Wine & Spirits for a very fun night! Renee will be planning our next event that will be held in November.

The Gift of Time was the Theme for our 2nd Annual Elegant Evening to Remember Awards Gala. Together we continue to celebrate one of the most valuable gifts we have to offer: The Gift of Time. Those honored at this year's event have demonstrated dedication, commitment and compassion for those who grieve by giving their gift of time willingly. A heartfelt Congratulations to all our award winners. You truly make a difference!

We would love your presence at our May 11th Wings of Love Parent's Day Breakfast. We will celebrate motherhood and fatherhood as we pay tribute to our children who are no longer

with us. Please see page 5 for more information. Wishing you all a very peaceful Mother's & Father's Day!

As I share all of our Network happenings, I know that time stands still for no man. The minutes, hours and days pass... the seasons come and go but the great love we have for our babies will forever be constant. I will conclude my Network News with the words of Robert W. Merriweather: "Time is the most precious gift one can give. Each moment is unique because it will never happen again... the gift of your

time spent with others is the ultimate display of unconditional love." My wish for you is to take some time to lend someone a hand, a hug, or just your presence: it will truly mean more than you will ever know.

Sincerely,

Christine Scott



We would like to thank our interns for their service, dedication and support to the WNY-PBN.

Abigail Gold –
University at Buffalo College of Social Work

Becky Paolini –
Hilbert College, Dept. of Human Services
& Rehabilitation Services

Internships are available through the WNY-PBN in the fields of Social Work, Event Planning, Marketing, Human Services, etc. Please contact Christine Scott if you are in need of Internship Service Hours:

716-626-6363 or at
Christine@wnypbn.org

21st Annual Walk to Remember

October 13, 2013

Cheektowaga Town Park
2600 Harlem Road

Gates open at 11
Event begins at Noon

It's not too early to create your FirstGiving Memorial Page!!

[www.firstgiving.com/WNY-PBN/
21st-walktoremember](http://www.firstgiving.com/WNY-PBN/21st-walktoremember)

New this year: The Butterfly Garden of Hope. All early registrations will receive a butterfly stake with your baby's name and honored date(s) to be featured in a "garden" at the Walk. These beautiful butterflies will be our gift to you for registering early. There is a limited supply – first come, first serve! Invitations containing this and other registration information will be mailed out in August.

Could you please help us?

Many people throughout the years have mentioned that they wish to help out at one or more of the WNY-PBN events. Because of the time required to plan such events, many people are unable to take part. This year, we are going to try a new organizational strategy!

We understand that for the most part, communications between members of a committee of three or four can be accomplished through emails and phone calls! Therefore, we are going to break down the event's planning into specific committees for each aspect of the Walk. This way, we will not overwhelm the volunteers with all aspects of planning, nor require all volunteers to be present at multiple meetings.

Each of the committees will have a "Lead"

that will orchestrate emails, phone calls, etc. between the members of the committee to accomplish the various jobs that need to be completed for the Walk to be successful.

If you have ever been interested in helping out with the Walk to Remember, please consider contacting the WNY-PBN office to let us know the committees that interest you. We need a LOT of help as the Walk to Remember has grown!

Please contact Christine Scott at 716-626-6363 or at Christine@wnypbn.org to help!

All planning will begin in early June! Have your ideas ready!!

Print Committee

You could assist with any or all of the following:

- Design, creation and discovery of theme and tag lines.
- Creation of invitations, posters, programs, signage, etc.
- Assist / supply the Media with logos and information.
- Best if the volunteer is knowledgeable with computers, especially with programs such as Powerpoint and PhotoShop.

Sponsorship Committee

You could assist with any or all of the following:

- Contacting local businesses and philanthropic organizations to solicit advertisements and monetary donations/sponsorships.
- Will need to work closely with Print Committee to ensure all advertisements are included in print materials and media releases.

Food Committee

You could assist with any or all of the following:

- Help secure food and beverage donations from local distributors for the Walk to Remember picnic.
- Help secure snacks (popcorn/sno cones) for the Kids Zone area – Needs to work with Kids Zone Committee.
- Help procure coffee and refreshments

for Day Of Volunteers.

- Needs to work with the Print Committee to ensure proper acknowledgement of donors.

Kids Zone Committee

You could assist with any or all of the following:

- Help decide upon and procure projects, arts & crafts, games and prizes for the Kids Zone.
- Help secure appropriate volunteers for child supervision in the Kids Zone.
- This is an EXCELLENT committee for Preschool or Elementary School TEACHERS!!

GIFTS Committee

You could assist with any or all of the following:

- CRAFTERS NEEDED!!!
- Help to develop and create Parent gifts. Several volunteers could produce 50-100 "gifts" each.
- Help to decide upon Pledge Gifts and look into the purchase of said gifts.
- Will need to work with the Print Committee to obtain logos for the gifts.
- Create the foam shapes used for the Walk banner.
- Create paper shapes used for the Tree Notes.

Registration Committee

You could assist with any or all of the following:

- Office volunteers for data entry
- Need to work Registration Tables on the Day Of the Walk.
- Work closely with the Print Committee.

Day Of Volunteers Committee

We need help in the following areas on the day of the Walk:

- Sign placement, sign purchase, Banner Table, Merchandise Table, Registration Table, Pledge Gift Table, Flower Table, Lunch helpers, and more.

We look forward to hearing from you!

FRAN'S CORNER - BY FRAN KANE

This final section of this series from *Fran's Corner* deals with the so-called "final phase" of bereavement named reorganization. This stage can be characterized by a sense of release, renewed energy, stable eating and sleeping habits, and a better ability to make sound judgments. It is not typically seen or experienced for at least two years following the death of a loved one. Glen Davidson's work was published in his book called *Understanding Mourning* (1984) and was not specific for perinatal loss. Although, I can appreciate the theory behind what I have read, the truth remains that mourning a loss as significant as a child, I believe, will take a lifetime.

A dear friend of mine, Sherokee Ilse, publishes a newsletter called *Babies Remembered*. The e-Magazine from Jan-Mar 2011 focused on providing "Care with Intention". Rather than coming up with something of my own for this final segment, I've chosen to call upon Sherokee's wisdom to sum up this so-called "final phase". The word *intention* here will

mean: To love my baby, to grieve well so I can heal well, and to surround myself with people who will support me. That is your task for healing... however long it will take. Now here are some tips on how to accomplish that:

- Love your baby to the fullest; grieve for your baby equally intensely.
- Be honest with yourself and others about what you are feeling.
- Trust your instincts. Ask and pray for wisdom about what you need to heal.
- Believe you can do this. Find positives when and where you can.
- Forgive yourself, your partner, and others. You all did the best that you could at the time.
- Remember, you will always be the parent of your baby. No one can take that away,

no matter what they say. Go forward and hurt as needed, then find happiness whenever you can. Be kind to yourself. Love people and life to the fullest. Your baby would not want anything less!

I know this is not going to be the Mother's Day/Father's Day that many of you planned on this year, and I'm sorry for that. You are not alone in your sadness and in your desire for things to be the way they should be. May the days hold a "new" or "different" kind of meaning for you... but STILL remember that you ARE a mom and a dad as the symbolic Hallmark days roll around. I will be thinking of you and praying for some peace in your days.

Fondly,

Fran



Footprints on the Heart

A PROJECT FOR MY ANGEL

Nearly 4 years ago, our perfect lives came to a crashing halt. Our beautiful daughter, Lillian Grace was born at 26 weeks gestation and lived for just 2 short days. Over these past 4 years, while life has continued to move on, my heart has remained broken over our tragic loss. I've tried to come up with different ways to keep our sweet Lilly-bug's memory alive. It wasn't until very recently when I stumbled upon a Facebook group entitled Teeny Tears Bereavement Diaper Exchange that I felt I could truly have a positive impact in the lives of newly bereaved families while giving them a small gift of love for them to hold onto forever as a reminder of their precious child.

Teeny Tears is an organization which was

founded by a bereaved mother who felt compelled to keep her child's memory alive while offering support to others who have faced such a tragic loss. She started making tiny cloth diapers for sweet little babies who have left this world much too soon. In sewing these diapers, while filled with many, many tears and loads of memories, I have also found it to be greatly therapeutic. There are no words to describe the bitter-sweet happiness I feel with each tiny diaper I am able to make.

If you would like additional information on the organization or to find out how you can help as well, please visit their website:

<http://teenytears.blogspot.com/>



Pictured above is Caren Cahoon creating diapers (right) for Teeny Tears

By: Caren Cahoon

ELEGANT EVENING TO REMEMBER

The WNY-PBN held the second annual Elegant Evening to Remember Banquet and Awards Ceremony on April 26 at the Hotel @ the LaFayette. At this event, we recognized the work of physicians, nurses, volunteers and organizations for their outstanding dedication to the WNY-PBN. The event included silent auctions and a live auction emceed by **WKBW—Channel 7's Joanna Pasceri**. All auction packages were created in memory of babies who have died due to miscarriage, ectopic pregnancy, stillbirth or early infant death.

We would like to congratulate our award winners and thank them for their service:

Physicians of the Year:

Dr. Anthony Pivarunas
Dr. Vivian Carrion
Dr. Laurel White

Nurse of the Year

Lisa Wolff

Volunteer of the Year

Dawn Both-Kim

Community Service

John Biddlecom

Renee Backstrom

Twenty-First Century Press

Community Awareness

Polly Thoman

Amy Buckner

Acacia Park Cemetery

We would also like to thank our sponsors for their generous support!

The Catholic Health System

First Niagara

Obstetrics & Gynecology:

Bartels, Powalski,
Weissman & Cloud, MDs

Village Veterinary Clinic of Hamburg

Jim Ball

Curbell, Inc.

OB / GYN Associates of WNY

8TH ANNUAL EVENING TO REMEMBER BASKET RAFFLE

The Annual "Evening to Remember" for the WNYPBN, was a resounding success, thanks in large part to all of our wonderful guests, family and friends. Proceeds will benefit the important programs of the WNYPBN, Inc. that provide educational support, community programs and referral services to parents who have lost a baby due to miscarriage, ectopic pregnancy, stillbirth or early infant death. This year's proceeds were over \$13,500!

We would like to thank you all from the

bottom of our hearts, for taking the time to spend with us on Saturday, March 23rd, and, truly, making this year's fundraiser an "Evening to Remember".

It is only because of your constant and tireless support and presence, that our invaluable work is possible. All of your time, assistance, and most certainly your love, allows us to continue this work and support the programs that honor our Angels, assist our families, and ensure that we have the ability to be there in the future.

We very much look forward to seeing you all again throughout the year, whether it is at our events, or perhaps one of our programs or services.

Our Heartfelt Thanks to You All,
Most Sincerely,
Christine Scott

Executive Director, WNYPBN
and
Cyndee Fahey,
8th Annual "Evening to Remember" Chair

WINGS OF LOVE PARENT'S DAY BREAKFAST

Save the Date:

Saturday, May 11, 2013

ACQUA Restaurant

2192 Niagara St.—Buffalo

10:00 AM until 12:30 PM

Holidays can be exceptionally difficult after losing a baby. Mother's Day and Father's Day can be especially hard since our children are no longer with us to show the world that we are parents. The WNYPBN and their "Wings of Love" Memorial Fund program are hosting a Parent's Day Breakfast once again at the beautiful ACQUA Restaurant and Banquet Facility. ACQUA is along the Niagara River and allows us to release flowers in memory of our lost ba-

bies into the river. It is a beautiful, unique and serene event to honor us as parents.

All family members are invited. Please contact Christine Scott at 716-626-6363 or at Christine@wnypbn.org if you would like to attend. All tickets are Pre-Sale. Reservations are required by May 8th.

**Thank you to Phillips-Lytle LLP and
Mount Calvary Cemetery Group for
your generous sponsorship.**

ACCEPTANCE

They say that part of healing is acceptance. The definition of acceptance is "The action of consenting to receive or undertake something offered". Well I didn't consent to God taking you. The funny thing about God is: He doesn't need my consent to take what is His. But I have *accepted* it by my own definition. I know he took you for the greater good. God chose ME to make an angel. He made you shine and I believe

he'll mend my broken heart with something right.

I knew I had to overcome the gut-wrenching pain, so I opened up the documents and found out I delivered an angelic baby boy. I changed your name on your birth certificate from "Baby" to "Joey". That helped in the process of acceptance.

Mother's day is fast approaching. I can't

believe I'm a Mother, celebrating without the person who gave me that title. When people ask me if I have any children, I simply respond with, "I have a son Joey in Heaven." I won't deny you. I want to speak of you... as part of my acceptance. Acceptance comes in time, however you chose to get there.

By Kristina Mamott

DREAMS

To my beautiful sleeping little angel,

From the moment I learned of your existence and heard your heartbeat, I fell in love instantly and began dreaming. I dreamt of giving birth to you, seeing your beautiful face and holding you. I dreamt of bringing you home, nursing you and first baths. I dreamt of smiles, giggles and cuddling. There were dreams of first steps, walks through the park and teaching you to ride a bike. I even dreamt of you getting married and having children of your own one day. I had dreamt of our future life together and I was never so excited for anything in my life. I knew you would be everything I ever wanted and hoped for in a son, because you would be mine.

For 7 months I dreamed of you and planned for you. You were all I wanted and I was so excited to be a mother and raise my son. Never did I dream that I would be saying goodbye before getting to say hello.

Even though we couldn't be together and God had other plans, I am so thankful that you came into my life. You brought me so much joy and happiness. You defeated so many odds and made me so proud to be able to call you my son. I'm so glad that I was able to see your perfect little face and spend those few days with you. Leaving you was the hardest thing I ever had to do but I will always cherish the time I had with you after you were born. I know in my heart that you were there with us for those few days

in some way. I hope you were able to see and feel the love that your father and I have for you.

My dreams of you have now changed. I now dream of the day when we will meet in heaven. I dream of spending forever with you in a place where we will never have to face the evils of this world. The thought that we will one day be together again is what helps get me through. You have impacted my life in so many ways and I love you more than you will ever know. I will always carry you with me.

'Til we meet again my sweet angel...
Love,
Mommy

By: Sarah Parrinello

Forget-YOU-NotS

In Loving Memory Of...

Michael Anthony Anderson April 5, 2005
Happy 8th Birthday to our angel grandson! We miss you more each day! Love Always, Nana & Papa xxxooo
We love you always! Love, Mommy, Daddy & Mia
Parents: Michael & Kelly Anderson

Baby Borrello April 10, 2008
Even though it has been 5 years, the pain is still very real. This year was especially difficult, for no specific reason. When we had to say good-bye to this baby, it was our first loss, and very difficult. Little did we know that we would be saying good-bye to 3 other babies after this - all losses of various magnitudes. Perhaps this year was more difficult due to the fact that the first was just the beginning of more losses... we were grieving so much for all 4 of them this anniversary. The effect that it has had on us is indescribable. We have faith in God and His promises, and know that we will all be reunited again - and that gives us peace and comfort. We thank God that He is caring for them! I also thank God for the WNY Perinatal Bereavement Network for the many ways they reach out and help bereaved parents, it means SO much to feel understood and loved!
Parents: Jenn & Frank Borrello

Kaitlyn Ella Brown May 10, 2012
You will always be our little girl. We miss you very much. Love Mommy, Daddy and Jonah.
Parents: Karin Dojnik & Doug Brown

Gavin Buckner September 15, 2009
Mama, Daddy, Zack & Basha love you so much!!! Fly high and have fun! We miss you!
Parents: Amy & Ryan Buckner

Nadiyah Carrion July 9, 2010
Mommy & Daddy love you and miss you so much. Fly high, Princess.
Parents: Rebecca & Ramon Carrion

Hunter Charles Delude April 4th 2008
Happy 5th Birthday! Mommy and daddy miss you and love you. Forever in our hearts.
Parents: Susan Woodin & Daniel Delude

Madison Leigh Frankowski August 7, 2010
Happy 3rd birthday in heaven. Always in our hearts, we love and miss you. We dream about what our lives would be like with you here. Love, Mommy, Daddy and Baby Sister Paige
Missing you! Grammy & Pappa
Parents: Candace & Andy Frankowski

Baby Hart February 10, 2010
Baby Hart II March 28, 2013
In loving memory
Parents: Janell & James Hart

John Paul Jerebko November 18, 1999
You will always be remembered
Parents: Peter & Lisa Jerebko

Caleb Daniel Jordan March 23 - April 2, 2009
Happy Birthday, Precious Baby Boy. Forever in our hearts, Forever loved, Never Forgotten. Love, Mommy and Grandma Bonnie
Parent: Nicole M. Kwaizer-Jordan

Marrina Kim August 3-4, 2005
Ella Grace Kim June 8, 2007
Wishing you were with us... always.
Love, Mommy, Daddy & Trent
Parents: Mark & Dawn Kim

Baby Magnini January 19, 2012
Baby Magnini September 21, 2012
We miss you so much! We know that you are in Heaven looking down on us & keeping us safe. Always in our hearts. Love, Mommy, Daddy, big brother Nolan & your two doggies-Benny & Lucy
Parents: Meredith & Nick Magnini

Joey Mamott September 22, 2012
Not a day goes by I don't think of you or speak your name. Keep shining down on us little buddy. Love, Mommy
Parents: Joe & Kristina Mamott

Forget-YOU-Not's

In Loving Memory Of...

Olivia Mary Marchese January 14, 2011
We miss you so much little angel. Not a minute goes by that we don't think of you. You are our beautiful angel in heaven. Love Mommy, Daddy, Michael, Ben, Nick and Matthew
Parents: Joe & Joelle Marchese

Sean Christopher Parrinello March 1, 2013
Parents: Sarah & Chris Parrinello

Amelia Grayce Peters April 2, 2010
This year we remembered what would have been your 3rd birthday. We hope that you received our messages and balloons up there in heaven. It is hard to believe that three years have gone by since we had to let you go. You are missed so dearly and thought of everyday! Keep showing us your rainbows and continue to shine bright like the angel that you are. With never-ending love - Daddy, Mommy, and big brother Merek
Parents: Mark and Tammy Peters

Michael James Quigley October 24, 1992
Mom thinks of you every day!
Parent: Debi Zmuda

Jacob Wesley Scott May 27, 2000
We love you and think of you every day! Butterfly kisses, buddy!
Parents: Phillip & Christine Scott

Baby MayKayla August 5-13, 2009
You are forever loved and will always be remembered.

Poppy Wilder April 9, 2010
Baby Wilder July 22, 2010
Grace Wilder January 7, 2011
Gone but not forgotten, our sweet angels. Continue to watch over your brother on earth and give Nana all our love. Love always & forever, Mommy, Daddy & Baby James
Parents: Janeen & Robert Wilder

Withey Babies 2005, 2008, 2012
Another year, another season, another reason to keep our eyes focused on Christ. See you again little ones!
Parents: Chris & Tara Withey

Grace Lee Zimmer April 12, 2012
Fly our little butterfly, fly! Love, Mommy, Daddy, and Hunter
Parents: Donna and Russell Zimmer

Bud Charles Mott September 12, 2005
Theresa Marie Mott
We love and miss you every day. Also knowing you are in the best place possible: Heaven! We will see you again someday. All our love - Alison, Mommy & Daddy
Parents: Timothy and Beth Mott

Andrew Thomas Paolini September 8-15, 2003
Baby Paolini 10/2004
Baby Paolini 8/2002
Always in our hearts!
Parents: Becky & Charlie Paolini



Interested in Submitting a Memorial?
Please email your baby's Forget-YOU-Not to:
forgetmenotnewsletter@hotmail.com
Submissions are due by the 15th of the month prior to the issue month.
Family members and friends are also encouraged to submit: not just parents!

Poetry

Our Love in the Written Word

A Mother Forever

Each year there is a day
Especially for you
A time to honor Mothers
For who you are and what you do

Such hopes and dreams...
How deep your feelings flow
It's not supposed to be like this
Yet, your love continues to grow

Hold on to hope, dear Mother
Hold on to your abiding love
On this special Mother's Day
Your baby watches from above

This love is forever
It really will endure
This special Mother's Day
Helps define your future

By: Sherokee Ilse (2011)

A Letter To Our Unborn Children

I lay in bed each night,
As tears soak my pillow.
I wake in the morning and force a smile,
Hoping the pain does not show.

I dream of the life you would have had
And the memories we would have made.
I think of you always
And wish you could have stayed.

Daddy and I never got to see your smile,
Or kiss your bitty nose.
We never got to hold you tight,
Or tickle your tiny toes.

We never got to hear you giggle,
Or sooth your little cries.
We never got to say hello,
But we were forced to say our goodbyes.

We will always love you,
We have from the start.
Now you are our Angel Babies
Who we hold deep within our heart.

*In loving memory of Baby Hart 2/10/10
and Baby Hart II 3/28/13*

By: Janell Hart

Gone Too Soon

Today could've been the day
That you blow out your candles

Make a wish as you close your eyes
Today could've been the day
Everybody was laughin'
Instead I just sit here and cry
Who would you be?
What would you look like
When you looked at me for the very first time
Today could've been the next day of the rest of your life
Not a day goes by that I don't think of you
I'm always asking why this crazy world had to lose
Such a ray of light we never knew
Gone too soon, yeah
Would you have been president?
Or a painter, an author or sing like your mother
One thing is evident
Would've give all I had
Would've loved you like no other
Who would you be?
What would you look like
Would you have my smile and her eyes?
Today could've been the next day of the rest of your life
Not a day goes by that I don't think of you
I'm always asking why this crazy world had to lose
Such a ray of light we never knew
Gone too soon, yeah
Not a day goes by that I don't think of you
I'm always asking why this crazy world had to lose
Such a beautiful life we never knew
Gone too soon
You were gone too soon, yeah
And not a day goes by
That I don't think of you

*Songwriters: DAUGHTRY, CHRISTOPHER A. /
BUSBEE, MICHAEL JAMES RYAN*

Submitted in loving memory of Grace Lee Zimmer, 4/12/12

Desideria

SURPRISED by joy-impatient as the Wind
I turned to share the transport--O! with whom
But Thee, deep buried in the silent tomb,
That spot which no vicissitude can find?
Love, faithful love, recall'd thee to my mind--
But how could I forget thee? Through what power,
Even for the least division of an hour,
Have I been so beguiled as to be blind
To my most grievous loss?--That thoughts return
Was the worst pang that sorrow ever bore,
Save one, one only, when I stood forlorn,
Knowing my heart's best treasure was no more;
That neither present time, nor years unborn
Could to my sight that heavenly face restore.

By: William Wordsworth

Poetry

Our Love in the Written Word

Flower-Gathering

I left you in the morning,
 And in the morning glow,
 You walked a way beside me
 To make me sad to go.
 Do you know me in the gloaming,
 Gaunt and dusty gray with roaming?
 Are you dumb because you know me not,
 Or dumb because you know?
 All for me And not a question
 For the faded flowers gay
 That could take me from beside you
 For the ages of a day?
 They are yours, and be the measure
 Of their worth for you to treasure,
 The measure of the little while
 That I've been long away.

By: Robert Frost

A Time

Unfathomable Sea! whose waves are years,
 Ocean of Time, whose waters of deep woe
 Are brackish with the salt of human tears!
 Thou shoreless flood, which in thy ebb and flow
 Claspest the limits of mortality,
 And sick of prey, yet howling on for more,
 Vomitest thy wrecks on its inhospitable shore;
 Treacherous in calm, and terrible in storm,
 Who shall put forth on thee,
 Unfathomable Sea?

By: Percy Bysshe Shelley

Song of Shattering (1)

The first rose on my rose-tree
 Budded, bloomed, and shattered,
 During sad days when to me
 Nothing mattered.

Grief of grief has drained me clean;
 Still it seems a pity
 No one saw,—it must have been
 Very pretty.

By: Edna St. Vincent Millay

KID'S STUFF

Children are affected by perinatal loss, whether it happened before or after they were born. They must work through their grief, the same as the rest of us. We'd like to publish pictures, poems, stories, etc. that were created by your bereaved children... so that the kids can know that they, too, are not alone.

If your child has drawn or written something that they would like to share, please send it to:

Dawn Both-Kim
 1 Montclaire Lane
 Orchard Park, NY 14127

I will treat each piece carefully and will return it to you as soon as possible. If you have the means and can scan the work, please email it to:

forgetmenotnewsletter@hotmail.com

CAPTION: A page from the "Of An Angel" Scrapbook from the 2012 Walk to Remember. This page was created by 11 year old, Alena Viele, in honor of her brother, Anthony Francis (June 2, 2005), and sister, Hope (January 3, 2008), in heaven.



Safe Arrivals

To Grant Others Hope

Chuck and Laura Kilner welcomed **Maverick Ross Kilner** into their family on March 19, 2013 at 3:17 pm. He weighed 8 lbs 6 oz and was 21 inches long. Together with his parents, Nicholas, Victoria and Timothy, he will always remember his big sisters in heaven, Lillian Rose Irene Kilner (June 16, 2010 - July 2, 2010) and Sara Nicole Kilner (May 5, 2011).

Kellen James Greenwood was welcomed home to his new parents, Andrea and Joel Greenwood, and her big brother Luke. She was born on February 20, at 8 lbs 1 oz and 21" long. The family will always remember their babies in heaven, Claire, Rebecca, Aaron (May 23, 2005) and Hope (August 30, 2006).

Interested in Submitting Your Safe Arrival?
Please email your new baby's information as well as their heavenly sibling's information to:
forgetmenotnewsletter@hotmail.com
Submissions are due by the 15th of the month prior to the issue month.



Area Support Groups

Caring Arms Support Circle

Stillbirth and Early Infant Death

When: 2nd Tuesday @ 7:00 PM

Ministry Center, Rm #4

100 Gregory Ct, Williamsville

Next to Millard Fillmore Suburban

Contact:

Denise Hudden, RN, 716-568-6653

Circle of Hope

Death and/or Serious Illness—Niagara Hospice

4675 Sunset Dr., Lockport or

2186 Liberty Dr., Niagara Falls

Contact:

Outreach Dept. 716-280-0777

Bereaved Grandparents Group

Support for the Grandparents after their child's perinatal loss.

Call for Further Details

Contact:

Fran Kane
(716) 862-1678



Footprints on the Heart

Footprints on the Heart

Stillbirth and early infant death

Call for further details

When: 4th Wednesday @ 6:30 PM

M. Steven Piver Center,

Sisters Hospital, Seton Bldg

2157 Main St., Buffalo

Contact:

Fran Kane (716) 862-1678

Heart to Heart

Early loss, miscarriage and ectopic pregnancy

Call for further details

When: 1st Thursday @ 5:30 PM

M. Steven Piver Center,

Sisters Hospital, Seton Bldg

2157 Main St., Buffalo

Contact:

Fran Kane (716) 862-1678

Hopeful Hearts / Subsequent Pregnancy

Support for pregnancy after a perinatal loss

Call for further details

When: 2nd Thursday @ 5:30 PM

M. Steven Piver Center,

Sisters Hospital, Seton Bldg

2157 Main St., Buffalo

Contact:

Fran Kane (716) 862-1678

Parent Telephone Support Team (PTST)



Speak with another bereaved parent who has endured a similar perinatal loss.

This service is a program of the WNYPBN, Inc.

Contact:

Cristine Scott, (716) 626-6363

SIDS Family Support Group

SIDS and Infant Death

Joan A. Male Family

Support Center

60 Dingens St., Buffalo

Contact:

Jan Walkden, (716) 822-0919

Sibling Grief

Siblings 5 years and older

When: 2nd Wednesday @ 6:30 PM

First Trinity Lutheran Church

1570 Niagara Falls Blvd,

Tonawanda

Contact:

Tara Young, (716) 878-7681



“Tiniest Angels” Parent Bereavement Support

Miscarriage, ectopic pregnancy, stillbirth and early infant death

When: 3rd Wednesday @ 7 PM
30 S Cayuga Rd—Lower
Williamsville

FREE—Please call to register

Facilitated by *Kathy Skipper (A Pioneer in the WNY Bereavement Community) and Kelly Arena*

Contact:

Christine Scott, (716) 626-6363

“Tiniest Angels” Support for Subsequent Pregnancy

Support for pregnancy after a perinatal loss

When: 3rd Tuesday @ 7 PM
30 S Cayuga Rd—Lower
Williamsville

FREE—Please call to register

Facilitated by *Terri Fronczak*

Contact:

Christine Scott, (716) 626-6363



“Tiniest Angels” Grandparent Support

Support for grandparents after a perinatal loss

When: TO BE ANNOUNCED

FREE—Please call to register

Contact:

Christine Scott, (716) 626-6363

“Tiniest Angels” Support Groups are being added regularly. If you are in need of support, please contact the WNYPBN office for information on a support group that is convenient for you! 716-626-6363 or Christine@wnypbn.org

On-Line Help and

The Western New York Perinatal Bereavement Network, Inc. (WNYPBN)
www.WNYPBN.org

Babies Remembered and Wintergreen Press
Babiesremembered.com

The Website of Sherokee Ilse: Bereaved Parent, International Speaker and Author of *Empty Arms: Coping with Miscarriage, Stillbirth, and Infant Death* and many other books, including *Miscarriage: A Shattered Dream*

Baby Photo Retouching Service

www.babyphotoretouch.com

Transforms your precious baby photos through digital technology to correct some of the damaged image.

Bereaved Parents USA

www.bereavedparentsusa.org

A national non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved.

A Blog for Fathers When a Baby Dies

www.fathersgrievinginfantloss.blogspot.com

Born Angels Pregnancy Loss Support

www.bornangels.com

Provides links to pregnancy loss support, infertility support, neonatal loss support, and adoption resources.

Celebration Forest

www.celebrationforest.com

Allows you to plant a tree in honor of your deceased beloved one

CJ Foundation

www.cjsids.org/grief

A national non-profit devoted to eliminating the tragedy of sudden unexpected infant

deaths and early childhood deaths, supporting grieving families, advancing medical research, furthering parent and professional education, and advocating for the health and survival of all children.

Compassionate Friends

www.compassionatefriends.org

Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a child, and helps others better assist the grieving family.

Facts About Miscarriage

http://www.pregnancyloss.info

The Grief Recovery Institute

http://www.grief-recovery.com

The action program for moving beyond loss

H.A.N.D.

www.handonline.org

—Help After Neonatal Death

Helping cope with the loss of a baby before, during, or after birth

Healing Hearts for Bereaved Parents

www.healingheart.net

Provides grief support and services to parents who are suffering as the result of the death of their child or children.

A Heartbreaking Choice

www.aheartbreakingchoice.com

For parents who have interrupted their pregnancies after poor prenatal diagnosis.

Hygeia.org

www.hygeia.org

An online journal for pregnancy and neonatal loss.

Memory Pendants

www.memorypendants.com

Use code: **112188** to receive a discount for families affiliated with our organization
Owner Chuck Huffman- L. Huffman Studios

M.I.S.S. Foundation

www.misschildren.org

Provides immediate and ongoing support to grieving families, empowerment through community volunteerism opportunities, public policy and legislative education, and programs to reduce infant and toddler death through research and education.

National Share Office

www.nationalshare.org

To serve those whose lives are touched by the tragic death of a baby.

A Place to Remember

www.aplacetoremember.com

Uplifting support resources for those who have been touched by a crisis in pregnancy or the death of baby.

Remembering Our Babies

http://www.october15th.com/

The official site of pregnancy and infant loss remembrance day.

Sudden Infant and Child Death Resource Center

(Satellite Offices in Buffalo, Syracuse, Albany, Manhattan & Long Island)
www.stonybrookmedicalcenter.org/SIDS

Stone Art Memorial

www.stoneartmemorial.com

The Right way to commemorate your memories.



**Western New York
Perinatal
Bereavement
Network, Inc.
30 S Cayuga Rd
Williamsville, NY
14221**

**Phone: 716-626-6363
Fax: 716-626-6368
E-mail: christine@wnypbn.org**



*Helping Families
Honoring Lives*

This newsletter is FREE for one year (4 issues) after your loss. If you would like to continue your subscription, please send \$5 to help defray mailing costs for an additional year. You may also find this newsletter for no cost whatsoever on-line at www.wnypbn.org. Make checks payable to WNYPBN, Inc. and send the completed form below to WNYPBN—Newsletter, 30 S. Cayuga Road—Lower, Williamsville, NY 14221. If you are receiving duplicate mailings, please let us know.

Name: _____

Address: _____

Phone: _____ **Email:** _____

Baby's Name & Honored Date(s):

Editors reserve the right to grammatically edit or reject materials submitted. Views and opinions in this publication are not necessarily those of the WNYPBN or its member organizations, but those of the individual authors.

If you would like to be removed from the mailing list, please contact the above address. Please know that we will be here for you if you need us in the future!

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Forget-Me-Not

