

Recommended Resources

General Readings on Grief

- Chethik, Neil and Robert Kastenbaum. *Fatherloss: How Sons of All Ages Come to Terms With the Deaths of Their Dads*. Hyperion, 2001
- Deits, Bob, *Life After Loss*, Fischer Books, Revised Edition, 1992
- Feinberg Linda S. *I'm Grieving as Fast as I Can: How Young Widows and Widowers Can Cope and Heal*. New Horizon press, 1994
- Golden, Thomas. *Swallowed by a Snake: The Gift of the Masculine Side of Healing*. Golden Healing Publications, 1997
- Grollman, Earl. *Living When a Loved One Has Died*. Beacon Press, 1995
- Lewis, C.S. *A Grief Observed*. Harper, Reprint, 1994 (Loss of spouse).
- Manning, Doug. *Don't Take My Grief Away From Me*. Insight Books, 1979
- Rando, Therese. *How to Go On Living When Someone You love Dies*. Bantam Books, 1991
- Zonnebelt-Smeenge, Susan, Robert DeVries and Robert C. DeVries, *Getting to the Other Side of Grief: Overcoming the Loss of a Spouse*. Baker Book House, 1999.

Death of a Child/Infant (Pregnancy Loss)

- Bernstein, Judith R. *When the Bough Breaks: Forever After the Death of a Son or Daughter*. Andrews McNeel Publishing 1998
- Finkbeiner, Ann K. *After the Death of a Child: Living With Loss Through the Years*. Free Press, 1996
- Fox Sandy. *I Have No Intention of Saying Good-Bye: Parents Share Their Stories of Hope and Healing After a Child's Death*. Writers Club press, 2001
- Kohn, Ingrid Perry-Lynn Moffitt and Isabelle A. Wilkins. *A Silent Sorrow: Pregnancy Loss-Guidance and Support for You and Your Family*. Routledge, 2nd Edition, 2000
- Limbo, Rana K. and Sara Rich Wheeler. *When a Baby Dies: A Handbook for Healing and Helping Bereavement Services*, Revised, 1998
- Rosof, Barbara. *The Worst Loss: How Families Heal from the Death of a Child*. Henry Holt, Reprint, 1995
- Sanders, Catherine M. *How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life*. Prima Publishing, 1992
- Schiff, Harriet S. *The Bereaved Parent*. Viking Press, Reprint, 1978.

Grieving Children

- Dougy Center Staff. *35 Ways to Help a Grieving Child*. Dougy Center, 1999.
- Heegaard, Marge. *When Someone Very Special Dies (ages 9-12)*. Woodland Press, 1988
- Johnson, Joy and Marvin Johnson. *Tell Me, Papa, (ages 4+)*. Centering Corp. Revised 2001.
- Kremetz, Jill. *How it Feels When a Parent Dies, (ages 7-16)*. Alfred A. Knopf, Inc. Reprint 1988.

Hemery, Kathleen M. *Not Just a Fish*. (ages 4-9) . Centering Corp. 2000

Schaefer, Dan and Christine Lyons. *How Do We Tell the Children?: A Step-by-Step Guide for Helping Children Cope When Someone Dies*. Newmarket Press, 3rd Edition, 2002

Shriver, Maria. *What's Heaven?* (ages 4-8). Golden Books, 1999.

Wolfelt, Alan. *A Child's View of Grief*. Companion Press, 1990.

Books for Teenagers

Buckingham, R. and S. Huggard. *Coping With Grief*. Rosen Publishing Group Inc., 1991, 1993.

Dower, Laura and Elena Lister. *I Will Remember You: What to Do When Someone You Love Dies: A Guidebook Through Grief for Teens*. Scholastic Trade, 2001.

Gravelle, K. and C. Haskins. *Teenagers Face to Face With Bereavement*. iuniverse, com, Revised, 2000

Traisman, Enid Samuel. *Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss*. Centering Corp., 1992

Sudden, Unexpected Death

Barrett, Terence. *Life After Suicide: Survivor's Grief*. 2002.

Bolton, Iris and Curtis Mitchell. *My Son, My Son: A Guide to Healing After Death, Loss or Suicide*. Bolton Press, 13 Edition, 1995

Brook, Noel and Pamela D. Blair. *I Wasn't Ready to Say Goodbye: Surviving, Coping and Healing After the Sudden Death of a Loved One*. Champion Press, Ltd., 2000

Fine, Carla. *No Time to Say Goodbye: Surviving the Suicide of a Loved One*. Mainstreet Books, 1999.

Jenkin, Bill and Patricia Cornwell. *What to Do When the Police Leave: A Guide to the First Days of Traumatic Loss*. In Sight Books, 3rd Edition, 2001.