

# Forget-Me-Not Newsletter

 **Western New York Perinatal Bereavement Network, Inc.**

## A Letter from the Editor

We hope you like the new format of our publication! Every few years I like to spice things up and change things around!!

There are a lot of events coming up starting this spring and continuing on throughout the year. Some are fundraisers, some are memorial events and some are educational events for professionals who assist families who are experiencing the pain of perinatal death. I sincerely hope that you will try to attend the memorial as well as fun events. Information about most of the events can be found in this newsletter, with more detailed information on our website or on our Facebook page: [wnypbn.org](http://wnypbn.org)

The WNYPBN will be taking part in the Spring It On! fundraising event sponsored by the United Way of Buffalo and Erie County. Spring It On, a 24-hour online fundraising event, is de-

signed to raise awareness and funds for not-for-profit organizations throughout Western New York with a unique 24-hour focus. At a time when many people are searching for ways to support specific causes and organizations, Spring It On provides a one-stop opportunity to donate to one or many organizations. Please consider a donation for this give-a-thon! [www.springiton.org](http://www.springiton.org)

The WNYPBN is always looking for volunteers, as well as donations of office supplies, postage and dollars. We are able to help so many people because of people like YOU who are able to help! If you would like to volunteer in the office, at any event, or have any materials to donate to our programs, please contact Christine at the WNYPBN offices at 716-626-6363.

By: Dawn Both-Kim



Please also submit any blurbs, articles, poetry, memorials or artwork for publication in this newsletter to my email address. This newsletter continues to be special because of you!

[forgetmenotnewsletter@hotmail.com](mailto:forgetmenotnewsletter@hotmail.com)

If you have any questions, concerns or need help in your grief journey, the WNYPBN is always here to help.

Volume 15, Issue 1  
February—May 2018

### Save the Dates:

- **March 7, 2018**—*Educational Conference; Supporting Bereaved Families Through Mindfulness & Sensitivity*
- **March 10, 2018**—*Evening to Remember Basket Raffle*
- **May 12, 2018**—*Wings of Love Parents Day Breakfast, Please Note New Location*
- **May 18, 2018**—*Elegant Evening to Remember Gala, You're An Essential Piece of the Puzzle*

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## Christine's Corner

By: Christine Scott, WNYPBN Executive Director

As I reflect on 2017 and all of the countless time, energy and love the Board of Directors, Volunteers, supporters, and bereaved parents dedicate to embrace our mission of Helping Families and Honoring Lives I think of this quote: "You are rooted deep

within my soul, A part of me forever In the deepest parts of my heart, there you are." We all have an unconditional love for all of our children we can't hold in our arms, but we hold deeply in our hearts. Our roots will forever begin and end with Love. That

Love unites us and gives us strength to support one another as we continue on this life's journey of healing. So I thank each and every one of you for supporting our Network in 2017, YOU have truly made a difference in someone's life.

## Forget-YOU-Nots

**Michael Anthony Anderson** April 5, 2005  
Always, Always in our Hearts! Love Nana & Papa  
xxxxoo  
We love you always! Love, Mommy, Daddy & Mia  
*Parents: Michael & Kelly Anderson*

**Lilya Raine Arena** September 26, 2009  
Hugs to the sky, baby! Mommy, Daddy and little  
sister Willow love and miss you.  
*Parents: Kelly & Michael Arena*

**Angela Marie Capage** August 28, 2003  
It's hard to believe you'd be 14 years old. It seems  
like yesterday yet so long ago. You're always on my  
mind and forever in our hearts.  
Love, Mommy, Julia, Matthew and Morgan  
*Parent: Lisa Capage*

**Riley James Croce** March 8, 2010  
**Gabriella Irene Croce** August 3, 2010  
**Baby Croce** December 9, 2013  
Each one of you were wanted, missed, and loved.  
Love, mom and dad  
*Parents: Lena & Dan Croce*

**Marrina Kim** August 3-4, 2005  
**Ella Grace Kim** June 8, 2007  
We love you and think of you so very often. Please  
watch over us... now and always. Love, Mama,  
Daddy and Trent  
*Parents: Dawn & Mark Kim*

**Bud Charles Mott** September 12, 2005  
**Theresa Marie Mott** September 12, 2005  
**"Blueberry" Mott** January 21, 2014  
**Baby Mott** December 23, 2014  
We know that someday, we will see you again. All  
our love ~ Daddy, Mommy & Alison  
*Parents: Timothy & Beth Mott*

**Noah Charles Pankiewicz** August 18, 2017  
We love and miss you so much, Noah. You are  
forever our angel  
*Parents: Laura & Scott Pankiewicz*

**Michael James Quigley** October 24, 1992  
Miss you more and more! 'Til we meet again!  
Love, mom  
*Parent: Debi Zmuda*

**Jacob Wesley Scott** May 27, 2000  
We love you and think of you every day! Butterfly  
kisses, buddy! Love, Mom, Dad, Thomas & Mandy  
*Parents: Phillip & Christine Scott*

**Eric Allen Staley** February 7, 2017  
Thank you for watching over the family and bring-  
ing your sister Vanessa home safely! Daddy and I  
love you, Eric!  
*Parents: Heather Rodgers & James Staley*

**Harper Sophia Sypniewski** October 14, 2014  
Mommy, Daddy and your sisters love you!  
*Parents: Aaron & Brienne Sypniewski*

**Joshua Urso** February 12, 2012  
**Jackson Urso** February 12, 2012  
Always in our hearts. We miss you every day.  
Love, mommy, daddy and Cooper  
**Grace Ellyn Vetter** February 20  
Beautiful angel you are in our hearts  
Love Aunt Robyn Uncle Mike and Cooper  
*Parents: Robyn & Mike Urso*

**Grace Lee Zimmer** April 12, 2012  
Until we meet again, fly sweet butterfly, fly! A  
moment in our arms, A lifetime in our hearts. Love,  
Mom, Dad, Hunter and Luke  
*Parents: Donna & Russell Zimmer*

**John Paul Jerebko** November 18, 1999  
Our little angel! Love, Mom, Dad, Jakob & Jackson  
*Parents: Peter & Lisa Jerebko*



*Interested in submitting a memorial  
or announce your rainbow baby?*

*Please email your baby's Forget-  
YOU-Not or Safe Arrival to:  
forgetmenotnewsletter@hotmail.com*

*Submissions are due by the 15th of  
the month prior to the issue month.  
Family members and friends are  
also encouraged to submit.*

## Safe Arrivals

Kelly and Robert Dunn would like to announce the safe arrival of **Alina Jae Dunn!** She entered this world on September 28, 2017 at 8 lbs. 11 oz. and 20 1/2 inches long! The family will always remember her sister in heaven, Alexa James Dunn (May 16, 2016).



After losing our son, Eric Allen Staley, on February 7th, 2017 and thinking I was going to lose our daughter to a car accident November 30, 2017, we are thrilled to announce the arrival of **Vanessa Alizabeth Staley!** She was born on December 1, 2017. Our

family will always know that Eric was watching over our family! Daddy and I love you Eric!

## POEM: Little Snowdrop (Author Unknown)

The world may never notice  
If a Snowdrop doesn't bloom,  
Or even pause to wonder  
If the petals fall too soon.

But every life that ever forms,  
Or ever comes to be,  
Touches the world in some  
small way  
For all eternity.



The little one we longed for  
Was swiftly here and gone.  
But the love that was then planted  
Is a light that still shines on.

And though our arms are empty,  
Our hearts know what to do.  
For every beating of our hearts  
Says that we love you.

## DailyGood and Amazon Smile

I've always been a Google girl. It used to be a "favorite" in my web browser. This all changed for me a few years ago. However, no one seems to know about it!!

The DailyGood by goodsearch.com is now the search engine I use. The site is set up as many homepages are: search window, some information about your account and some headlines that may interest you. However, every time you use a feature of this account/website, one penny is donated to the charity of your choice. I chose the Western New York Perinatal Bereavement Network. I make a few dollars for the Network every year!

Amazon Smile also is set up to donate to a charity of your choice when you purchase through the Amazon.Smile.com versus regular old Amazon.com. And yes—it even works with your Prime account!

Think of how much money we can generate if a dozen or more people used websites like these!! There are numerous other sites and applications that will donate. Keep your eye out for them and let's earn some dollars!!

By: Dawn Both-Kim

*Every time you use a feature of goodsearch.com, one penny is donated to the charity of your choice!!*

## New Assistant Editor for the Forget-Me-Not

My name is Laura Pankiewicz and I am happy to announce that I will be assisting with the Forget-Me-Not newsletter. I experienced the loss of my son, Noah Charles, on August 18,



2017 when he was still born at 25 weeks at Sisters of Charity Hospital. A few weeks prior to this, my son was found to have several heart conditions including aortic stenosis (narrowing of a heart valve). My family and I traveled to University of Michigan in Ann Arbor where he received a percutaneous fetal aortic valvuloplasty to open the narrowed heart valve. My son was very brave and cooperative. Unfortunately, he passed inside of me shortly afterwards. My life was changed so

much in that moment, as any bereaved parent can tell you. No words can truly describe it. The Western New York Perinatal Bereavement Network has been an excellent resource for my family in this difficult time. As an outlet for my love for Noah, I look forward to serving in this special community.



Western New York  
Perinatal Bereavement Network, Inc.

Cordially invites you to the  
**13<sup>th</sup> Annual**  
**“Evening to Remember”**  
**Basket Raffle**

Saturday, March 10, 2018  
7:00 –11:00 PM

St. Gabriel’s Parish Hall  
5271 Clinton St.,  
Lancaster / Elma

Just off the 400—  
Transit Rd exit  
Park in the side lot



Admission - \$10 Per Person

Includes Pop, Coffee and Pizza

**ADULT ONLY EVENT**

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**Join us for an Evening of Fun for a Good Cause!**

Proceeds from this event will benefit the important programs of the WNYPBN, Inc. The WNYPBN, Inc. is a tax-exempt, charitable organization that provides educational support, community programs and referral services to parents who have lost a baby due to miscarriage, ectopic pregnancy, stillbirth or early infant death.

Feel free to bring snacks and additional beverages for your table.

If you have any questions, or wish to donate a basket in memory of a baby who has died, please contact:

**Cyndee Fahey at 361-9330 or at  
Octobersangl@aol.com**

**Find us on the Web at: [www.WNYPBN.org](http://www.WNYPBN.org)**



# WNYPBN's Annual "Wings of Love" Parent's Day Breakfast



Will be held on  
Saturday, May 12, 2018  
Templeton Landing  
The Skyline Room  
2 Templeton Ter, Buffalo, NY 14202  
10:00 AM

\$15 per Adult \$7 per Child (2-10) Under 2 - Gratis

For those who have lost a baby, Mother's Day and Father's Day can be a sad and emotional reminder of loss instead of the celebration it is meant to be. WNYPBN helps to commemorate the wonderful parents we all are by honoring and remembering the precious babies who have gone too soon.

If you are interested in attending, please complete the bottom portion and send along with a check made payable to WNYPBN, Inc. to:

WNYPBN  
30 S Cayuga Road – LOWER  
Williamsville, NY 14221



Register Online or contact Christine Scott at (716) 626-6363

**Please RSVP by May 1, 2018**



WNYPBN's Annual  
**Wings of Love**  
**Parents Day Breakfast**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Attending the Parents Day Breakfast:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

(Please use additional paper as necessary)

	Adult (over 10)	Child (2-10)	Under 2
1.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	x \$15	x \$7	gratis

Make checks payable to: WNYPBN, Inc.

Total Enclosed: \$ \_\_\_\_\_



Western New York  
Perinatal Bereavement Network, Inc.

## SUPPORTING BEREAVED FAMILIES THROUGH MINDFULNESS & SENSITIVITY For Healthcare Professionals



**March 7, 2018 • 8:00 am – 4:00 pm**

**Catholic Health**  
144 Genesee Street  
Buffalo, NY  
Free Parking Available

**Conference Fee**  
\$95 Professionals  
\$65 Students (With ID)  
Breakfast and Lunch Provided

Continuing Education Credits are available for an additional \$20 for LMHCs and Social Workers. (Make checks payable to Catholic Charities)

This training has been approved for 6 live contact hours. Awarding of contact hours requires attendance at all of the classes and the participant completing an evaluation. No partial credit will be awarded for partial attendance. Catholic Charities of Buffalo, New York SW CPE is recognized by the New York State Education Department's State Board of Social Work & Mental Health Practitioners as an approved provider of continuing education for licensed social workers #0191 and LMHC #0047.

Receive training in mindfulness, trauma-informed care, differential diagnosis, self-care, and more, which will enhance your comfort level when working with families who are experiencing the loss of a baby.

### Presenters:

**Amy Creamer, LMHC:**  
*Mindfulness and Sensitivity*  
**Deborah Waldrop, PhD:**  
*Depression vs. Grief*

**Whitney Mendel, PhD:**  
*Trauma-Informed Care*  
**Kelley Clem, RN MS:**  
*Caring for Self*

### Mini Sessions:

Baby Sweet Beginnings, UNYTS, Wings of Love Memorial Fund, Hospice Buffalo Essential Care for Children

Online registration opens January 15, 2018 ♦ wny-pbn.org  
716.626.6363 ♦ tara@wny-pbn.org ♦ katherine@wny-pbn.org

The honor of your presence is requested by  
the WNYPNB, Inc. at our

7<sup>th</sup> Annual

# Elegant Evening to Remember

*You're an  
Essential Piece  
of the puzzle*



**May 18, 2018**  
6:30 – 10:30 PM  
Salvatore's Italian Garden  
6461 Transit Rd, Depew

This event will feature an awards ceremony recognizing physicians, nurses, volunteers and organizations for their outstanding dedication to the WNYPNB, and will include dinner, music, as well as raffles and silent auctions. See the website for a list of award winners. All auction packages have been created in memory of babies who have died due to miscarriage, ectopic pregnancy, stillbirth or early infant death.

**Please RSVP by May 1, 2018**  
WNYPNB, Inc.  
30 S Cayuga Road - LOWER  
Williamsville, NY 14221  
(716) 626-6363  
Christine@wnypbn.org

**\$90 per person**  
**Table of 10 for \$850**  
To pay via Credit Card, please  
purchase your tickets online:  
[www.WNYPNB.org](http://www.WNYPNB.org)

## WNYPNB's Take Flight Sweepstakes



Win Round-Trip Airfare for TWO  
from JetBlue Airways!  
A Value of \$900!

\$20 per Sweepstakes Ticket

Only 250 Tickets will be Sold!

Drawn the evening of the Elegant Evening to Remember  
May 18, 2018

## Gift of Warmth Raffle

*"The Western New York Perinatal Bereavement Network, Inc. has been gifted with a beautiful hand-pieced / hand-crafted quilt. This beautiful blue and white quilt in the classical Irish Chain pattern is 90"x75" and will be raffled to help support the many valuable Perinatal Bereavement Network programs."*



**Tickets are \$1 each, or 6 tickets for \$5**

Drawing will be held at the  
**WNYPNB's Evening to Remember Basket Raffle on March 10<sup>th</sup>!**

Contact the WNYPNB Office to purchase  
your tickets at 716-626-6363!

The winner will be drawn at the event, but you need not be present to win! Call today and get extra tickets to sell to someone who would appreciate the craftsmanship and artistry that goes into such an intricate and cozy quilt!



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Perinatal Bereavement Network, Inc.

Western New York Perinatal  
Bereavement Network, Inc.  
30 S. Cayuga Rd—Lower  
Williamsville, NY 14221

Phone: 716-626-6363  
Fax: 716-626-6368  
E-mail: [Christine@wnypbn.org](mailto:Christine@wnypbn.org)



*Helping Families  
Honoring Lives*

### Our Mission

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.

### Member Organizations:

Baby's Sweet Beginnings Lactation & Wellness Center	The Center for Hospice & Palliative Care	Life Transitions Center, Inc.
Brooks Memorial Hospital	Eastern Niagara Hospital—Lockport Division	Niagara Falls Memorial Hospital
Catholic Charities of Buffalo - WIC Program	Kaleida Health	Olean General Hospital
Catholic Health System	Women & Children's Hospital of Buffalo	United Memorial Medical Center
Mercy Hospital	Millard Fillmore Suburban Hospital	WCA Hospital
Mount St. Mary's Hospital of Lewiston	Jones Memorial Hospital	Wyoming County Community Health System
Sisters of Charity Hospital		

### Board of Directors:

Jan Walkden, President	Michael Anderson, Treasurer	Lisa Wolff, Rev. Richard Zajac, Dr. William Zorn
Laura Reyda, Vice President	Dr. Lynn-Marie Aronica, Dr. Vivien Carrion, Lisa Jerebko, Suzanne Mis, Constance Perna,	Christine Scott, Executive Director
Dawn Both-Kim, Secretary		



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Forget-Me-Not

