



FORGET-ME-NOT

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Christine Scott,
Executive Director

SAVE THE DATES

Save the Dates!

Septemeber 9, 2017 **Putting Fore PKD Golf Tourney**
Diamond Hawk Golf Course—See Page 8 for more details

September 18, 2017 **Ride to Remember Barbeque**
Batavia, NY

Due to road construction, the Ride cannot include a bicycling portion.
The event will include a basket raffle and BBQ. See page 8 for more information

October 8, 2017 **Walk to Remember**
Cheektowaga Town Park—See Page 3 for more details

Month of October **Pregnancy and Infant Loss Awareness Month**
Take part in numerous events planned throughout WNY in memory of your baby.
See pages 5, 8 and 9 for more details!

WNYPBN MEMBER ORGANIZATIONS

Baby's Sweet Beginnings Lactation & Wellness Center	The Center for Hospice & Palliative Care	Life Transitions Center, Inc.
Brooks Memorial Hospital	Eastern Niagara Hospital— Lockport Division	Niagara Falls Memorial Hospital
Catholic Charities of Buffalo - WIC Program	Kaleida Health	SICD: Sudden Infant & Child Death Resource Center
Catholic Health System	Women & Children's Hospital of Buffalo	Olean General Hospital
Mercy Hospital	Millard Fillmore Suburban Hospital	United Memorial Medical Center
Mount St. Mary's Hospital of Lewiston	Jones Memorial Hospital	WCA Hospital
Sisters of Charity Hospital		Wyoming County Community Health System

LETTER FROM THE EDITOR

Summer slipped by so fast. If you don't stop and smell the roses (or any of your favorite flowers) you will miss the blooms! All of us know how precious life can be... and how quickly it can slip away. I try to make every day count!

There seems to be an increasing number of events

every October in honor of Pregnancy and Infant Loss Awareness Month. I hope that you can take part in one or two of them... especially the Walk to Remember. It is my dearest event offered by the WNYPBN. It is so easy to register, as well as collect pledges, this year! Please read all about it and let

us know if you have any questions!!

I'm still looking for assistant editors for the newsletter. If you are computer literate and would be interested in helping out, please contact me! Thanks!

Peace, 



MISSION STATEMENT:

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain

of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved

parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.



Network News



From the desk of Christine Scott

WNYPBN Executive Director



Bereaved Mother of Jacob Wesley Scott—May 27, 2000

“Perhaps they are not stars, but rather openings in heaven where the love of our lost ones pours through and shines down upon us to let us know they are happy.”

- ESKIMO PROVERB

I came across a quote about summer that really resonated with me. It was “Rise above the storm and you will find the sunshine.” Mother Nature has surely thrown some storms our way this summer. However, when I read this I thought of the storms we experience in life and how we have to go through these storms to find that sunshine. I think that is why I love the feel of the warmth of the sunshine on my face; it makes me feel a sense of calm, peace and hope.

I have Faith the sun will be shining upon all of us at our upcoming 25th Annual Walk to Remember this year that will be held on October 8th at Cheektowaga Town Park. This year, my planning committee and I have made certain changes to make the day a very special tribute to all of our children. A couple of changes include:

- We are combining The Southern Tier Walk and Buffalo Walk into one Celebration of Life this year
- Registration Process is Online Only, please register at:
vgb.co/walktoremember2017
- Families can create their own memorial tribute page for their beloved children
- A special 25th Anniversary Butterfly Release will precede our Angel Memorial Walk
- All who preregister will be able to release a balloon (one per baby per family) sending a special message to their child on a star attached to the balloon
- All children will receive bubbles to blow to their siblings, cousins, etc. during balloon release

For more event logistics on this

year’s Walk please see page 3.

President Ronald Reagan proclaimed October as National Pregnancy and Infant Loss Awareness Month in 1988, making October a month of particular significance for families who have lost babies due to miscarriage, ectopic pregnancy, stillbirth, and early infant death. Approximately 1 in 4 pregnancies end in a perinatal loss, and it is a tragedy that impacts people from all regions and all walks of life. Across the nation, October 15th is a day that agencies and groups hold memorial services and other events for families who have lost a baby - referred to as Pregnancy and Infant Loss Awareness Day (PaIL Awareness).

During the month of October, and especially on October 15th, the WNYPBN will host or help support several activities planned during this special month. Amy Buckner, bereaved mother of Gavin Joseph Buckner, will host Gavin’s Light Memorial Service again this year on October 15th near Olean, NY. See page 8-for details.

I am working hard at securing the special landmarks around the Buffalo area to be lit in Pink and Blue again this year. Last year, the Peace Bridge and Canal Side participated in breaking the silence of perinatal loss by using pink and blue lights to illuminate the landmarks. This year, we have secured The Peace Bridge and Canal Side again!

Run4Buffalo, a virtual running company which organizes run/walk events for important causes in the WNY community, has recruited several ambassadors to host 5ks throughout the month of October to celebrate our children. Please see page 9 for all event details.

We would also like to thank our area Hospitals and their staff during the month of October for their hard work and commitment to “helping families and honoring lives.” If you would like to make a special treat to drop off in memory of your child to one of our area hospitals please contact me at Christine@wnypb.org to make arrangements.

Please see the details on all of the upcoming events this summer/fall: on pages 5, 8 and 9

Our Board President, Jan Walkden, along with her troupe of Quilters have lovingly donated a gorgeous hand-crafted quilt to the WNYPBN for raffle. The Quilt will be raffled off on December 14th at the WNYPBN Board of Director’s meeting.. See page 5 for details and pictures of this cozy piece of art!

I would like to welcome our two new University at Buffalo Advanced Learning Social Work Students, Katherine and Tara who be with us for Fall 2017-Winter/Spring 2018 year. Welcome to our Network Family!

Before I close this edition of Network News, I would like to sincerely apologize for the printing omission in our May edition. I would like to sincerely Thank all of the Elegant Evening to Remember Sponsors, Donors and my co-chairs, Lisa Jerebko, Kelly Anderson, and Dawn Both-Kim for all of your support to make this event a success, please see page 10.

Please consider taking part in one of the many support programs taking place this fall to honor your children, who are forever loved.

Help Families~ Honor Lives



Sincerely,
Christine

25TH ANNUAL WALK TO REMEMBER

Throughout the nation, parents, family members, friends and healthcare professionals gather to pay tribute to the approximately 870,000 babies who die each year due to miscarriage, ectopic (tubal) pregnancy, stillbirth or early infant death. For the parents who have experienced perinatal loss, this event is an opportunity to listen to beautiful songs and poems, plant a tree, and come together with other parents to remember their beloved children.



There will be printed signs with baby names along the Walk route. If you have your sign from past years and wish to use it again, **please bring it before 11:15 AM**, so our volunteers have time to place it along the path. Please do not place your signs on your own. The baby signs are truly one of the most beautiful and endearing parts of the Walk. **If you are new to this event, you will likely want to order a sign - you may do so as you register.**

As we walk reverently in memory of these special babies, you may want to stop and take a picture or personalize your sign. Flowers will be distributed for you to place with each baby's sign.

Like other memorial walks, the Walk to Remember promotes awareness about the pain of infant loss and the effect it has on families, as well as raises money to help support those afflicted by a tragic loss. We ask that those participating in the Walk obtain donations to help support the Western New York Perinatal Bereavement Network, Inc. (WNYPBN) by creating a safe and secure fundraising page.

www.gvgb.co/walktoremember2017

For more information on the programs supported by the WNYPBN, please visit our website: WNYPBN.org

Registration will close on September 24th to ensure time to print names in the Walk Program and to order T-shirts. Registration donation is \$20 per person and includes:

- 25th Anniversary Walk to Remember T-shirt

- Picnic lunch sponsored by Frontier Catering and Sahlen's
- One balloon per baby to release during the ceremony
- Personalized Star for release with your balloon
- Walker Gifts sponsored by the Village Veterinary Clinic of Hamburg

Children 10 years of age and under are not required to pay a registration fee. If they wish to have a T-shirt, the \$20 registration fee is required, no matter the age.

If you have your own T-shirts made to honor your loved baby gone too soon or do not wish to have a T-shirt, the registration fee will be \$15 per person and does not include the Walk to Remember T-shirt.

Registration will be available on the Day of the Walk. Balloons for the release and T-Shirts available while supplies last.

Event Check-In and Day-of Registration will begin at 11:00 AM
Program begins at 12:00 Noon



SUMMARY OF THE PROGRAM:

The Walk ceremony will begin with a Balloon Release in memory of our beautiful babies gone too soon. All pre-registered families will receive one balloon per baby to be released at the service. **Please do not bring and release personal balloons.** We will then listen to music and poetry, plant a Bradford Pear tree, and release butterflies to begin the memorial Walk. You may sponsor (Remembrance Tribute) the tree planting, butterfly release or the flowers as you register for the Walk. The Walk route is approximately one mile in length, along walkways and sidewalks (wheelchair accessible).

At the conclusion of the Walk, there will be a complimentary picnic lunch provided by Frontier Catering and Sahlen's..

A "Kids Zone" with supervised care, games and crafts will be provided to allow adult family members to reflect on the day.

The Walk will commence RAIN or SHINE!

After you register, please consider creating a memorial page in honor of your baby gone

too soon. You can tell your story of loss, share photographs and collect pledges to support the important programs of the WNYPBN. In addition, please feel free to collect monetary pledges to bring with you on the day of the Walk.

- **\$500 in pledges** - A star will be named in honor of your baby(ies).
- **\$1000 in pledges** - Wings of Love engraved paver at the Wings of Love Memorial Garden

www.gvgb.co/walktoremember2017

Invite your family and friends to register and collect pledges for your team, then join you to truly make the Walk to Remember a celebration of LIFE!

SPONSORED BY:

Footprint Sponsors:



Ryan's Reason



Star Sponsors:



Supporting Sponsors:

Pietszak Funeral Home

Picnic Lunch Supplied by:

Frontier Catering, Sahlen's

The Kids Zone is supported by:

Leaping Beauty, Bouncing on Air and Ryan's Reason

If you have questions or registration concerns, please feel free to contact the WNY-PBN Office for assistance: 716-626-6363

By: Dawn Both-Kim

WINGS OF LOVE PARENT'S DAY BREAKFAST

The Wings of Love Parent's Day Breakfast is a beautiful and meaningful event held to commemorate the fact that despite the absence of our babies, we are still parents. This year, the event was held at ACQUA Restaurant and Banquet Facility on the Saturday before Mother's Day. It was attended by approximately 75 parents, siblings, family members and friends who have experienced the loss of their beloved babies.

The WNYPBN and Christine Scott would like to thank Amber Hultgren (bereaved sister),

Amy Creamer (bereavement coordinator at Sisters of Charity Hospital) and Rachael Mark (WNYPBN Social Work Intern) for their wonderful work to make the occasion a success! Your work taking care of the day's activities and seeing to the details of the event is so very much appreciated by all - especially those in attendance.

If you were unable to attend this year's breakfast, please mark your calendars for the Saturday before Mother's Day in May 2018. You will not be disappointed.



(LEFT TO RIGHT) AMBER HULTGREN, AMY CREAMER AND RACHAEL MARK

PAVING THE PATH TO HOPE

I couldn't find anything to wear that morning. I was frantically throwing clothes around my bedroom knowing that I didn't have any more time to spare before racing to work. It was supposed to be warm that day so I dumped my Tupperware tote full of summer clothes out onto my bedroom floor and there laid my wardrobe from the last two summers. I could barely catch my breath as dreadful memories flooded my mind. Patterned, spaghetti strap dresses that once fit my perfectly round belly and shorts now 4 sizes too big merited as a painful reminder of what once was; of what was supposed to be. I tucked my maternity clothes neatly into the bottom of that tote last summer not giving it much thought; not realizing that one year later, the sight of them would take my breath away. I quickly gathered myself, threw on a repeat outfit not suited for the warm weather forecast and ran out the door.

It's been slightly over a year since we lost the twins. Almost two since we lost Brody. And 7 years since I lost Kade. Much like those maternity clothes that I tucked away inside of that tote, my grief has remained buried deep down inside where no one can see it. I deliberately placed it somewhere where I cannot even feel it. It's easier that way. Because if it's not there I don't have to feel bad; I won't have to relive those dreadful moments of my life and I can just enjoy the all the good that's current. It's like ripping off a Band-Aid on the hairiest part of your body over and over again. So I left the Band-Aid there and allowed for new life to grow around it and inhibit anymore pain from salting the wound.

That moment spent with my old maternity clothes wasn't it for me, however, as far as reminders are concerned. Because He's always there leading the way. I should also admit though, too, that just like those maternity clothes and my grief, my faith was also tucked away. The last few years of life have rocked my entire world. My faith has

been shaken. But He finds His way back in just at the right times. Friend, let me explain.

A few years ago I took a huge leap of faith and dumped my heart, my grief, my fears, my flaws and vulnerabilities into a blog that would end up reaching thousands of women just like me; women who have also lost a baby. Some in the early weeks of their pregnancy, some in the second trimester, some at birth and some well after birth. I inadvertently touched these women's lives and gave them a voice, when I thought I was just using this blog as a platform to heal and to give myself a voice. To be honest, I didn't think anyone was really listening. I watched as my blog was shared by friends and strangers; I cried as I read the comments on each of my posts; I cried even more when people would stop me in the grocery store or at the ice cream shop to tell me how much my story inspired them and helped move them through their own grief. I'm crying now as I write this because I just cannot believe that I could possibly do so much for someone just by telling my story. But you guys, talking and telling got old. I stopped writing because I thought I was healed and because I didn't want to feel pain anymore. I didn't think that I should share my story anymore because I thought people were sick of hearing from me and that I was forcing them to relive their own painful memories. Little did I know that people were still reading. New people have walked into my life and have discovered my tiny little space through other social media. Not people who have lost a child but people who have faced and are currently facing their own set of challenges. People who thought that my tiny little space, my tiny little voice was inspiring and gave them hope. People who confided in me that my strength has been a lesson to them as they experience their own trials. These people, who did not even know me at such a dark time in my life, took the time out to tell me that they love me and all of

my children, even if they have only met one of them. Do you believe that? I feel like I am the lucky one. My friends, new and old, and all those who have followed my story are the ones who give me hope and inspiration. And I can't help but think that He put these people in my life knowing that I needed them even when I didn't think I did.

Of course, He puts the other reminders out there in plain sight too. There are the dozens of butterflies I have seen each day since summer finally approached. It was the one butterfly in particular that followed me while on a walk that I took on my lunch break earlier today. It was the card I received this morning from a sweet friend telling me that I have blessed her with my friendship and my story. It's the people, the tote full of maternity clothes and our sweet babies footprints that I pass each morning on my way to the kitchen to get a cup of coffee. God is always leading. I stopped writing because I didn't think I needed to be heard anymore. I didn't even want to hear myself. But when we stop doing what we love, we lose a part of ourselves. I was led back to this place for a reason. I created a purpose for myself while giving purpose to others. Ripping off the Band-Aid only hurt a little bit, because knowing that it helped ease someone else's pain, eased my own.

No matter the circumstance, our pain is the same. If my story touches just one other person facing the same thing or something entirely different, then my place is right here doing what I set out to do long ago. Inspiring, encouraging, empowering and paving the path to hope. This story isn't solely about what I might have done for someone else; it's about what your experiences could do for someone begging to be heard or to be validated. Your story matters, so don't hog your journey, share it friends - it could change someone's life.

By: Amy Bowser

follow more of this story @amyrochellebowser.com

GIFT OF WARMTH RAFFLE

Today, in 80 degree weather, the thought of snuggling under a nice warm quilt is not appealing. BUT come November with the icy cold and December with the snowy cold, snuggling under a cozy handmade quilt while reading your book and sipping tea (or other adult beverage) sounds very inviting.

The Western New York Perinatal Bereavement Network has been gifted with a beautiful hand-pieced / hand-crafted quilt. This beautiful blue and white quilt in the classical Irish Chain pattern is 90"x75" and will be raffled to help support the many valuable Perinatal Bereavement Network programs.

Tickets are \$5 each, or 3 tickets for \$10

Drawing will be held on **December 14th** at the quarterly WNYPBN Board of Directors meeting.

Tickets will be available to provide YOU an opportunity to win this treasure. Contact the WNYPBN Office to purchase your tickets at 716-626-6363!

The winner will be contacted immediately following the Board Meeting and awarded this beautiful prize just in time for the northern breezes to start blowing! Call today and get extra tickets to sell to someone who would appreciate the craftsmanship and artistry that goes into such an intricate and cozy quilt!

By: Jan Walkden
 WNYPBN Board President
One of the quilters responsible for creating this masterpiece!



**Queen City
 Bridal Show**

**August 25th, 2017
 6:00-9:00 PM**

Shea's Smith Theatre
 658 Main Street
 Buffalo, New York 14202

Gently used dresses modeled and auctioned at affordable prices.
mykellsmoelandtalent@gmail.com for more information

QUEEN CITY BRIDAL SHOW

The WNYPBN & Mykell's Model & Talent is accepting bridal gown donations for a bridal show/auction that will take place on **Friday, August 25, 2017 from 6 until 9 PM** at Shea's Smith Theatre in downtown Buffalo.

The donated gowns will be modeled and auctioned at affordable prices. All proceeds will go to benefit the myriad programs of the WNYPBN.

Participants who purchase the gowns may also have the option to donate the gowns back for "The Angel Robes Program" after they are finished using them. Angel Robes is one of many programs created by the WNYPBN, where our volunteers will disassemble the gowns to create beautiful hand-made infant burial gowns.

It's still not too late to donate gowns! If you are interested in doing so, please contact Christine at Christine@wnypbn.org or Ramona Sanford at mykellsmoelandtalent@gmail.com.

This loving Random Act of Kindness is done in memory of Ramona's nephew Mykell Sanford (February 9, 2014 - April 19, 2014).

Forget-YOU-NotS

In Loving Memory Of..

Michael Anthony Anderson April 5, 2005

Always, Always in our Hearts!

Love Nana & Papa xxxooo

We love you always! Love, Mommy, Daddy & Mia

Parents: *Michael & Kelly Anderson*

Lilya Raine Arena September 26, 2009

Hugs to the sky, baby! Mommy, Daddy and little sister Willow love and miss you.

Parents: *Kelly & Michael Arena*

Brody Lucas Bowser August 7, 2015

Bowser Twins June 2, 2016

Kade Albright February 8, 2010

Parents: *Amy & Justin Bowser*

Gavin Joseph Buckner September 15, 2009

Happy 8th Birthday in heaven to my Gavin!! Love, ma-ma, daddy, zack, sebastian, and dominic

Parents: *Amy & Ryan Buckner*

Liam Casey July 6-7, 2012

There isn't a day that passes where we don't think about you. Your siblings ask about you often, and I wish that they would have had a chance to meet you. You are our angel in the sky little man. We all love you so much! Keep looking down on us!

Parents: *Travis & Jerricka Casey*

Riley James Croce March 8, 2010

Gabriella Irene Croce August 3, 2010

Baby Croce December 9, 2013

Parents: *Lena & Dan Croce*

Madison Leigh Frankowski August 7, 2010

Happy Birthday in heaven to our beautiful granddaughter. We love you and miss you every day.

Grandma and Grandpa Milks

Parents: *Candace and Andy Frankowski*

Aurora Leena Gayadeen June 21 - Aug 3, 2012

Parents: *Dawn & Leon Gayadeen*

John Paul Jerebko November 18, 1999

Our little angel! Love, Mom, Dad, Jakob & Jackson

Parents: *Peter & Lisa Jerebko*

Marrina Kim August 3-4, 2005

Ella Grace Kim June 8, 2007

We love you and think of you so very often. Please watch over us... now and always. Please give us strength!

Love, Mama, Daddy and Trent

Parents: *Dawn & Mark Kim*

In loving memory:

Autumn Marie Kostek July 25, 2014

Always in my heart and on my mind. I love you to the moon and back.

Parents: *Melissa & Erik Kostek*

Bud Charles Mott September 12, 2005

Theresa Marie Mott September 12, 2005

"Blueberry" Mott January 21, 2014

Baby Mott December 23, 2014

Miss you with all of our hearts, Theresa, Bud, "Blueberry" and Baby Mott. God knows our pain and sadness. We know that someday, we will see you again. All our love ~ Daddy, Mommy & Alison Parents: *Timothy & Beth Mott*

Isaac Eddie Ogden December 23, 2016

We miss you every day, Isaac, and we can't wait to see you again. You are near us and thank you for allowing us to be your mama and daddy. We hold you in our hearts not just today, but every day. Love Mama, Daddy, and Maxy Dog

Parents: *Jared & Sarah Ogden*

Andrew Thomas Paolini September 8-15, 2003

Baby Paolini August 2002

Baby Paolini October 2004

Always in our hearts. We love you forever! Love, Mommy, Daddy and Sam

Parents: *Becky & Charlie Paolini*

Forget-YOU-Nots

In Loving Memory of...

Michael James Quigley October 24, 1992
Miss you more and more! 'Til we meet again! Love,
mom
Parent: Debi Zmuda

Jacob Wesley Scott May 27, 2000
We love you and think of you every day! Butterfly kiss-
es, buddy! Love, Mom, Dad, Thomas & Mandy
Parents: Phillip & Christine Scott

Harper Sophia Sypniewski October 14, 2014
Mommy, Daddy and your sisters love you!
Parents: Aaron & Brienne Sypniewski

Liam David Terra June 16-27, 2014
Parents: Carrie and David Terra

Grace Lee Zimmer April 12, 2012
Until we meet again, fly sweet butterfly, fly! A moment
in our arms, A lifetime in our hearts. Love, Mom, Dad,
Hunter and Luke
Parents: Donna & Russell Zimmer.

Interested in Submitting a Memorial?

Please email your baby's Forget-YOU-Not to:
forgetmenotnewsletter@hotmail.com
Submissions are due by the 15th of the month
prior to the issue month.

Family members and friends are also encouraged to submit:

Safe Arrivals

To Grant Others Hope

Evelyn Gonzales and Jarred Baez are proud to welcome their rain-
bow baby, **Jamari Austin Baez**. He was born on August 23, 2016.
The family will always remember Jivae Andrea Baez (December 28,
2012).

Logan Henry Frankowski was born July 24, 2017 to Candace and
Andy Frankowski and his big sisters Paige and Haleigh. Logan was
4 pounds 11 ounces and was 18 1/4 inches long. We know our
angel baby Madison Leigh (August 7, 2010) is watching over all of
them.

Melissa and Erik Kostek welcomed **Violet Jane** on July 9, 2017.
She weighed 7 pounds 14 ounces and was 19.5 inches long.
Baby Violet is watched over by her big sister Autumn, who left too
soon on July 25, 2014.

Interested in Submitting Your Safe Arrival?

Please email your new baby's information
as well as their heavenly sibling's information to:
forgetmenotnewsletter@hotmail.com
Submissions are due by the 15th of the month
prior to the issue month.

LIGHT OF MINE MEMORIAL GIFTS

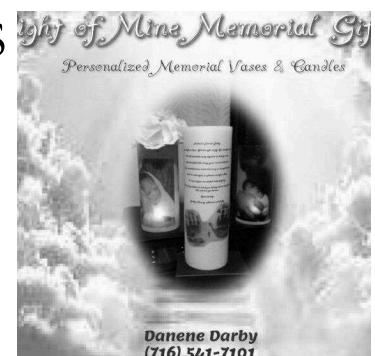
Light of Mine Memorial Gifts was created to honor the memory of my baby boy Frederick L. Darby. I was very encouraged and inspired by all the gifts and help my family received from the WNYPBN and other parents nationwide who were once in our shoes. My mission is to give back to this wonderful organization and give the gift of a light of love to a newly bereaved parent. I offer personalized memorial candle hold-

ers, pillar candles and vases.

To place an order I can be reached via email at lightofminegifts@gmail.com

Please also visit my Facebook page Light of Mine Memorial Gifts.

By: Danene Darby



You are invited to attend our annual

Mass for the Loss of a Child

If you or someone you know is grieving the loss of a child of any age, due to any circumstance, including losses due to miscarriage, stillbirth, and abortion, please join us for a special Mass to offer prayer, healing, and hope. Men and women of all faiths are welcome.

St. Mary of the Cataract RC Church

259 Fourth Street
Niagara Falls, NY 14303

Saturday, October 7, 2017

Mass at Noon

Confessions will be offered before Mass beginning at 11:30 AM and after Mass.
Refreshments served after Mass.

Sponsored by the Respect Life Committees of
St. Mary of the Cataract and Divine Mercy Parishes, Niagara Falls
Immaculate Conception, Ransomville St. Stephens, Grand Island

*If you have never done so, you will be given an opportunity to name your child during the ceremony.



Saturday, September 9th
Diamond Hawk Golf Course

255 Sonwil Drive
Cheektowaga, NY 14225

8:00 AM Registration

9:00 AM Shotgun start

Lunch and prizes following golf

See www.ryansreason.com for more information



Gavin's Light



Pregnancy and Infant Loss Awareness
Day Candle Lighting Ceremony

October 15th 2017

7:00 PM Candle Lighting

The Oratory of The Sacred Heart
Maple Ave
Portville NY 14770



4th Annual Ride to Remember BBQ*

When: Saturday September 16th, 2017

Krolicks Chicken BBQ & Basket Raffle

Doors open at 11 AM

Chicken BBQ ~ 12 N - 2PM

(300 Dinners Available)

Oakfield Alabama Baptist Church

2210 Judge Road

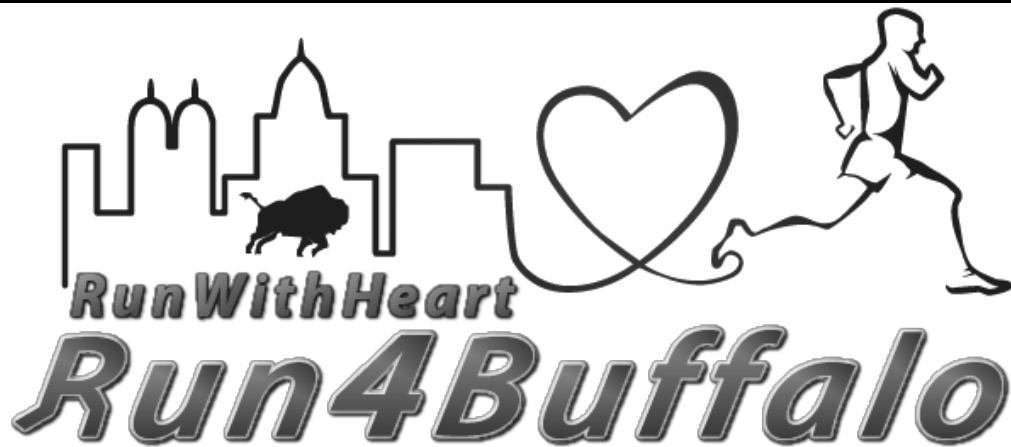
Oakfield, NY 14125

For more information & to purchase online presale
BBQ tickets (presale \$10.00, day of \$12.00) visit
www.wnybpn.org or call Jenn @ (716) 498-2875



All Proceeds Benefit
The Western New York
Perinatal Bereavement Network, Inc. & the
"Remembering Love in a Heartbeat" Project
In memory of Helen Lois Pritchett 1/4/12 ~ 1/13/12

*Due to Road Construction Krolicks Chicken BBQ will
replace the Bike Ride this year!



Run4Buffalo is proud to bring you **Forever in My Heart!**

*A virtual run with partial proceeds benefiting the **Wings of Love Memorial Fund!***

What is a virtual race?

A virtual race is a self-motivated competition where you complete a specific distance by running or walking on a date and time of your choosing, anywhere in the world: run, jog, or walk, on the road, on a trail, on a treadmill, at the gym, or on the track, (or even at another race). Then, email us a finisher photo and time and we recognize and thank racers on social media and on the website.

People do these events for various reasons. Some do it for the cause, the medal or extra motivation while training for a road race. Some have even signed up and rewarded themselves with one of our medals while competing in a 5k road race that did not give out medals. Some people will even grab a group of friends and run together at a local park for one of our causes/medals. No one does a virtual race to "win", more often than not they do it for the cause and the medal.

For those that register for the virtual run, we ship the medals to them shortly after they register so they have it when they do their distance. They email us a finisher photo and their time and we recognize and thank them on social media and on the website.

Distance options: 5k, 10k, Half Marathon!

We also offer a group run option if you prefer to celebrate with others! Our group 5k run/walk is scheduled for **October 14th**

Forever in My Heart finisher medal:



Registration for the virtual and group run opens on August 21st

Full details of this event will be released on our social media pages the week of August 7th so be sure to find us and follow us on Facebook, Instagram & Twitter (@Run4Buffalo).

You can also visit our website www.Run4Buffalo.com to find out more about us!!

ELEGANT EVENING TO REMEMBER THANK YOU TO OUR DONORS

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The Anderson Family

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ANDREW THOMAS PAOLINI

I immediately felt the sadness between us in the stillness of just waking that morning. My husband and I both lying there, awake with our thoughts and grief, willing each other to get up and get out of bed to face the day. I just remember thinking to myself, "Who wakes up and feels this way on the morning of their son's 13th birthday?"

But that is the cruel reality of being in this "club" of bereaved parents. Anyone who is unfortunate enough to belong to this club knows exactly to what I am referring. Our Andrew would have been 13 on September 8, 2016, a teenager. Another milestone that has come and gone and we are left to make sense of not being able to celebrate these milestones the way parents and families should. There are no special birthday breakfasts, no birthday parties, no birthday cakes and streamers, there are no Facebook photos to be uploaded and shared with family and friends with a caption that reads; "We officially have a teenager!" These are the moments that those outside

of our club don't have to realize or think about. From the outside, it's just another day. Some family and friends remember his day and embrace us with comforting words, hugs, thoughts, phone calls and text messages. Just simple ways of letting us know that he is remembered and they are thinking about him on that day. Other family members and friends do forget and offer nothing but silence. Andrew is forgotten by them...again.

These milestones that come and go do not get any easier with time. I still have to catch my breath and allow myself to feel that pain and grief during those moments. I will not push those feelings down or ignore them. And that's okay. One thing I have learned since losing our son in 2003 is that there are no rules when it comes to grieving. The stages of grief? Sorry, that doesn't apply here. This is my journey and I will do whatever I feel necessary to navigate through it.

This year, I am taking the day off from work for Andrew's birthday because that is what

my soul needs. I have learned over the years that I never know what to expect on that day. So, I leave it open and allow myself to accept whatever feelings come. One year, I may be okay and feel strong enough to visit his grave. Another year, it may be a different story. I have learned to expect the unexpected. I will ride the wave of grief and give myself that time to just feel and stay in that moment. Again, I am not saying it gets any easier... but as every year goes by, I continue to learn from these moments and experiences. To me, the most important thing will always remain the same: Andrew will never be forgotten. I will continue to say his name out loud and speak about him. I will always acknowledge his life, no matter how brief. I will keep his spirit alive and with me forever. I will continue to grow and learn through my grief. I will continue to own my journey.

By: Becky Paolini,
Bereaved Mother of Andrew Thomas Paolini
and Babies Paolini



AREA SUPPORT GROUPS

Finest Angels Support Groups are combining with Footprints on the Heart to better fulfill the support group need in our community

Parent Telephone Support Team (PTST)



Speak with another bereaved parent who has endured a similar perinatal loss. This service is a program of the WNYCPB, Inc.

Contact:
Christine Scott, (716) 626-6363

Caring Arms Support Circle

Stillbirth and Early Infant Death

When: 2nd Tuesday @ 7:00 PM
Ministry Center, Rm #4

100 Gregory Ct, Williamsville
Next to Millard Fillmore Suburban

Contact:
Denise Hudden, RN or
Karen Cwalina, RN 716-568-6653

Circle of Hope

Death and/or Serious Illness—Niagara Hospice
4675 Sunset Dr., Lockport or
2186 Liberty Dr., Niagara Falls

Contact:
Outreach Dept. 716-280-0777

Footprints on the Heart

Miscarriage, ectopic pregnancy, stillbirth and early infant death

When: 1st Tuesday @ 6 PM
Piver Center Conference Room
Sisters Hospital
Amy Creamer (716) 862-1678

Hopeful Hearts

Subsequent Pregnancy Support

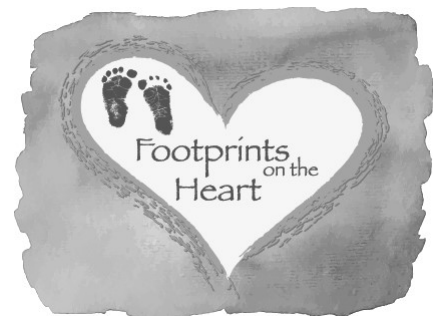
When: 3rd Tuesday @ 6 PM
Piver Center Conference Room
Sisters Hospital—begins Feb 16
Amy Creamer (716) 862-1678

Please see the Sisters of Charity Hospital website and/or Facebook page for more information about other support that is offered:

www.chsbuffalo.org/services/PregnancyLoss
<https://www.facebook.com/footprintswny>

Amy Creamer is always available for individual or couples counseling. Please feel free to call her anytime if you need support.

Amy Creamer (716) 862-1678



SIDS Family Support Group

SIDS and Infant Death

Joan A. Male Family
Support Center
60 Dingens St., Buffalo

Contact:
Jan Walkden, (716) 822-0919

Sibling Grief

Siblings 5 years and older

When: 2nd Wednesday @ 6:30 PM
First Trinity Lutheran Church
1570 Niagara Falls Blvd,
Tonawanda

Contact:
Tara Young, (716) 878-7681



**Western New York
Perinatal
Bereavement
Network, Inc.
30 S Cayuga Rd
Williamsville, NY
14221**

**Phone: 716-626-6363
Fax: 716-626-6368
E-mail: christine@wnypbn.org**



*Helping Families
Honoring Lives*

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Name: _____

Address: _____

Phone: _____ **Email:** _____

Baby's Name & Honored Date(s):

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Forget-Me-Not

