

# Forget-Me-Not Newsletter

 Western New York Perinatal Bereavement Network, Inc.

## A Letter from the Editor

By: Erika Zambotti, MSW, Parent Support Coordinator and Event Assistant

For all of the mothers, parents, friends and family of Angel Babies, Autumn, particularly October, is a special time of year. It's when we're encouraged to speak out about Pregnancy and Infant Loss (PAIL) and refuse to let the voices of bereaved parents be silenced. I notice that with this heightened sense of empowerment among our bereaved community comes a certain warmth, love, and creativity that sparks those with holes in their hearts to memorialize their children. This never seems to happen in just one way. As in grief, everyone must walk their journey free from others' influence and choose what is right for them, their baby, and their family. Part of what we do at the Network is try to encourage and assist families in

their effort to memorialize their babies in a way that will bring them the most peace and comfort. So this October, understand that everyone's path to remembering their child is slightly different, and that no one should be denied the healing that it can bring.

There are so many ways in which we can remember a loved one, and listening to all the different and unique ideas those in our network come up with warms my heart. I've heard of everything from grand, vibrant murals on the backs of cars, to a stone placed in a garden. Sometimes parents are able to host a charity fundraiser in their child's name, but a simple act of kindness in your baby's memory is just as thoughtful. I like to think that your baby sees

these little things that you do and is proud, thankful, and admiring you from wherever they are.

This autumn, particularly this October, the network is sponsoring and hosting a variety of events and ways that you can get involved in this community, for yourself and your family in memory of your baby. See our schedule of events on page 4 for more information. If you have not yet found your own way or memorializing your child, maybe attending our events this October can bring you some inspiration! You may also consider attending a support group in the area, or volunteering as a Parent Telephone Support Team member. Details for both opportunities are within this issue!



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### Save the Dates:

- **Forever in my Heart Medal Chasers Virtual Run**—Registration opens September 15th
- **October 13, 2019**—27th Annual Walk to Remember at Cheektowaga Town Park
- **October 15, 2019**—International Pregnancy and Infant Loss Awareness Day: International Wave of Light (7pm), Monument Lights and Gavin's Light

### Inside this issue:

|                                                |   |
|------------------------------------------------|---|
| <i>Forget-YOU-Nots</i>                         | 2 |
| <i>Safe Arrivals</i>                           | 2 |
| <i>Poetry</i>                                  | 3 |
| <i>PAiL Awareness Month Schedule of Events</i> | 4 |
| <i>Medal Chasers Virtual Race</i>              | 4 |
| <i>Elegant Evening to Remember</i>             | 5 |
| <i>PTST Volunteers Needed</i>                  | 5 |
| <i>The Walk to Remember</i>                    | 6 |
| <i>Area Support Resources</i>                  | 7 |

## Christine's Corner

By: Christine Scott, WNYPBN Executive Director

October is Pregnancy and Infant Loss AWARENESS Month!

President Ronald Reagan proclaimed October as National Pregnancy and Infant Loss Awareness Month in 1988, making October a month of particular significance for families who have lost babies due to miscarriage, ectopic pregnancy, stillbirth, and early infant death. Approximately 1 in 4 pregnancies end in a perinatal loss, and it is a tragedy that impacts people from all regions and all walks of life. Across nations, October 15th

is a day that agencies and groups hold memorial services and other events for families who have lost a baby. Please see page 4 in our newsletter for all planned activities.

I would like to take a moment to reflect on the strength, bravery and love of all of those who come together in our community throughout the year to raise awareness, stand with others, have a voice, and break the silence surrounding perinatal loss, for they have survived the unimaginable.

As we all try to embrace the last months of summer and prepare for fall, please join us and come together to Walk and honor our beloved Children on October 13th in Remembrance, Hope and Awareness. We are here to meet all of our families where they are in their healing journey, please let us know how we can support you. Hope to see you in October.

“Though the strongest of storms or softest of breezes.....Listen to the wind and think of me.”

~Sincerely, Christine

## Forget-YOU-Not

**Michael Anthony Anderson** April 5, 2005  
Always, Always in our Hearts!  
Love Nana & Papa xxxooo  
We love you always! Love, Mommy, Daddy & Mia  
*Parents: Michael & Kelly Anderson*

**Lilya Raine Arena** September 26, 2009  
Hugs to the sky, baby! Mommy, Daddy and little sister Willow love and miss you.  
*Parents: Kelly & Michael Arena*

**Liam Casey** July 6-7, 2012  
*Parents: Travis & Jerricka Casey*

**Sara AnnaRose Connors** October 31, 2016-  
February 24, 2017  
*Parents: Sean & Courtney Connors*

**Logan Andrew Cooper** January 9, 2015-  
March 25, 2015  
To my Baby Bear, my "Logi Bear," we think and speak of you every day. I cherish and share your memories to keep you alive here on earth. Thank you for sending us our rainbow baby Aubrie Ana. We love you to heaven and back. Love, Mommy and Daddy.  
*Parents: Grace & Shawn Cooper*

**Riley James Croce** March 8, 2010  
**Gabrielle Irene Croce** August 3, 2010  
**Baby Croce** December 9, 2013  
*Parents: Lena & Dan Croce*

**Kayonna Marie Darrell** October 16, 2018  
We Love You Always! Not a day goes by that we don't think of you! You will forever be in our hearts. Love Mommy, Daddy, Big Sisters Elana, Avianna and Savannah and Big Brother Brandon.  
*Parents: Ashley Hunt and Wendell Darrell Jr*

**Juju Dintcheva David** February 27-29, 2016  
**Baby Dintcheva David** November 17, 2018  
We are deeply shocked and saddened. Words can't describe the pain we are experiencing. We love you more than you will ever know. Rest in peace and in the care of your sister Juju.  
*Parents: Elka Dintcheva and Jonathan David*

**Baby Boy Jonathan** June 8, 2018  
Love you Forever & Always, Mom, Dad, Big Sisters Krysten, Kam, Kaytee, & Big Brother Klyde, Nephews Kort & Kreese, & Niece Kenzleigh  
*Parents: LaRue & Leilan Jonathan*

## Safe Arrivals

Mark and Tammy Peters, and big brother Merek, welcome Rainbow Baby **Quinn Marguerite Peters**, born on Friday, June 21, 2019, at 7 lbs 8 oz and 19 inches long. The family will always remember Amelia Grayce Peters (April 2, 2010) and Baby "Mia" Peters (December, 2004).

**Logan Gagliardi** September 8, 2018  
We love you Logan You are always on our minds, and forever in our hearts. Your presence in Asher is the most precious gift and we can't wait to meet him. Love always, Mommy, Daddy, Mikayla, Jady, Caleb, and Brynlee.  
*Parents: Kristen and Rob Gagliardi*

**Aurora Leena Gayadeen** June 21–August 3, 2012  
*Parents: Dawn & Leon Gayadeen*

**Rio Piers Mateo Gonzalez** March 14, 2019  
Rio, We loved you before you were conceived and you were the answer to our prayers. We were so blessed and honored to be your parents, even if it was only 23 weeks. I think about you constantly and I know that Grammy is watching over you. Continue to be a sweet little boy until we see you again in heaven! Sending you all our love forever and ever!  
*Parents: Christa Brown and DeMario Gonzalez*

**John Paul Jerebko** November 18, 1999  
Our little angel! Love, Mom, Dad, Jakob & Jackson  
*Parents: Peter & Lisa Jerebko*

**Baby Taber** September 30, 1991  
Love and hugs. Miss you! From, mom  
*Parent: Rosemary Taber*

**Marrina Kim** August 3-4, 2005  
**Ella Grace Kim** June 8, 2007  
We love you and think of you so very often. Please watch over us... now and always. Please give us strength!  
Love, Mama, Daddy and Trent  
*Parents: Dawn & Mark Kim*

**Autumn Marie Kostek** July 25, 2014  
*Parents: Melissa & Erik Kostek*

**Bud Charles Mott** September 12, 2005  
**Theresa Marie Mott** September 12, 2005  
**"Blueberry" Mott** January 21, 2014  
**Baby Mott** December 23, 2014  
Miss you with all of our hearts, Theresa, Bud, "Blueberry" and Baby Mott. God knows our pain and sadness. We know that someday, we will see you again. All our love ~ Daddy, Mommy & Alison  
*Parents: Timothy & Beth Mott*

**Isaac Eddie Ogden** December 23, 2016  
*Parents: Jared & Sarah Ogden*

**Andrew Thomas Paolini** Sept. 8-15, 2003  
**Baby Paolini** August 2002  
**Baby Paolini** October 2004  
*Parents: Becky & Charlie Paolini*

**Michael James Quigley** October 24, 1992  
Miss you more and more! 'Til we meet again!  
Love, mom  
*Parent: Debi Zmuda*

**Jacob Wesley Scott** May 27, 2000  
We love you and think of you every day! Butterfly kisses, buddy! Love, Mom, Dad, Thomas & Mandy  
*Parents: Phillip & Christine Scott*

**Ja'Lanie Elizabeth Servio** October 28, 2016  
I can't believe it's been two years since we've been able to hold you. We love you Ja'Lanie. Happy Born day to "Our never forgotten first child."  
*Parents: Ja'Lisa ad Henry Servio*

**Harper Sophia Sypniewski** October 14, 2014  
*Parents: Aaron & Brieanne Sypniewski*

**Madison Leigh Frankowski** August 7, 2010  
*Parents: Candace and Andy Frankowski*

**Liam David Terra** June 16-27, 2014  
*Parents: Carrie and David Terra*

**Piper Grace Walczak** April 3, 2018  
To our sweet little girl, our angel, we think of you every single day. Your due date just passed, and we're missing you more deeply than ever right now. You will forever be by our side, our beautiful butterfly. Love you always and forever, Daddy, Mommy, and big brother Leo.  
*Parents: James and Lauri Walczak*

**Nevaeh Haylynn Wheat-Green** December 11, 2017

**Jamison Robert-Karysen Wheat-Green** November 30, 2018  
*Parent: Christine Wheat*

**Grace Lee Zimmer** April 12, 2012  
Until we meet again, fly sweet butterfly, fly! A moment in our arms, A lifetime in our hearts. Love, Mom, Dad, Hunter and Luke  
*Parents: Donna & Russell Zimmer*

*Interested in submitting a memorial or announce your rainbow baby?*

*Please email your baby's Forget-YOU-Not or Safe Arrival to:  
forgetmenotnewsletter@hotmail.com*

*Submissions are due by the 15th of the month prior to the issue month. Family members and friends are also encouraged to submit.*

## Poetry

Dear Friend:

Go ahead and mention my child,  
The one that died, you know.  
Don't worry about hurting me further,  
The depth of my pain doesn't show.

Don't worry about making me cry,  
I'm already crying inside.  
Help me to heal by releasing  
The tears that I'm trying to hide.

I'm hurting when you just keep silent.  
Pretending he didn't exist.  
I'd rather you mention my child.  
Knowing that he has been missed.

You asked me how I'm doing,  
I say "pretty good" or "fine".  
But the healing is something ongoing.  
I feel it will take a lifetime.

Author: Elizabeth Dent

# October ...



WE REMEMBER  
ALL THE BABIES BORN SLEEPING,  
THOSE WE'VE CARRIED BUT NEVER MET,  
THOSE WE'VE HELD BUT COULD NOT TAKE HOME,  
THE ONES THAT CAME HOME BUT COULD NOT STAY.

*Help break the silence.  
Help remember our angels.*

1 in 4 is not just a statistic. It's *me*.



Speak out about pregnancy loss.

### Drying the Tears:

A Poem for Pregnancy and Infant Loss Remembrance Day

Here I am alone, wondering what it would be like  
to be doing what I'm doing, and then to hear you cry.

Would I be the kind of mommy that smiles at every sound,  
or would I be so tired that I fall to the ground?

Would I appreciate your life the way that you deserve?  
Would I listen to your cries, and make you feel heard?

Would you throw your toys, then look up at me and smile?  
Would you give me big hugs just because it's been a while?

Would you make a big mess and let me teach you how to clean?  
Would you bite your cousin's arm? Would you be naughty and mean?

Would I have loved you as strongly as I love you now?  
Would you have a happy life? Could we make it, somehow?

Would we sing the same songs and laugh at life together?  
I can't help but think that life would be so much better.

As I'm holding back tears, I look up to the skies,  
and smile when I feel you drying mommy's eyes.

Not a single tear's fallen and I know that you're here  
with me every day, drying the tears.

Author: Marjorie  
<http://withlovemarj.blogspot.com>

## October is Pregnancy and Infant Loss Awareness Month

In 1988, President Ronald Reagan proclaimed October as National Pregnancy and Infant Loss (PaIL) Awareness Month. Thereafter, October became a month of particular significance for families who have lost babies due to miscarriage, ectopic pregnancy, stillbirth, and early infant death—a tragedy that impacts people from all regions and all walks of life.

Specifically, Pregnancy and Infant Loss (PaIL) Awareness Day is celebrated on October 15th all around the world. The event that binds the world together for PaIL Awareness is the International Wave of Light. It is Celebrated around the world in all time zones by lighting a candle in honor of our babies gone too soon at precisely 7:00 PM and keeping it lit for an hour. As the sunlight moves around the globe, so does the candlelight, creating a Wave in honor of perinatal loss.

The WNYPBN, Inc. has created and is sponsoring/assisting in creating various events in commemoration of PaIL Awareness Day to promote awareness about the tragedy of perinatal loss:

**Gavin's Light** – The 10th annual Pregnancy and Infant Loss Awareness Candle Lighting Vigil will be held on Tuesday October 15th, 2019 at 7:00 PM at The Oratory Of The Sacred Heart (43 Maple Avenue, Portville NY 14770) For more information on this event, please contact Amy Buckner on Facebook at <https://www.facebook.com/groups/113882885299520/>

**Landmark Lights**—The Peace Bridge, portions of Canalside Buffalo and Niagara Falls (from 10:00-10:15 PM) will be lit in Pink and Blue at dusk on PaIL awareness day to commemorate our babies gone too soon.

**PaIL Awareness on Social Media**—Please post your pictures of your Wave of Light honorary candles on our Facebook page with **#PaILAwareness2019** and/or **#WNYPBN**. Also, if you happen to visit the Landmark Lights, also post photos of these with the same hashtags. Any and all posts will be entered into a drawing for a \$25 Olive Garden gift card.

**Walk to Remember 2019**—The Walk to Remember will be held on October 13, 2019 at Cheektowaga Town Park. Sign-In and Registration opens at 11:00 AM with the event beginning around noon. See page 5 for all the details. Registration for the Walk to Remember will again be solely online at: [www.gvgb.co/WalktoRemember2019](http://www.gvgb.co/WalktoRemember2019)

The Walk to Remember has become a very large event. The WNYPBN continues to help all of our families who have lost a baby, and therefore asks for a registration donation which covers a picnic lunch, kids zone, as well as various other amenities to make this event special. We realize that this event was not a fundraising event in the distant past, but the size, community need, and outreach over the years has grown tremendously and your support is essential to keep the much needed support programs running. If you have financial

concerns about the Walk but would still appreciate attending this event, please contact the WNYPBN office.

Thank you to the Packard Family for the ideas behind this year's Walk theme! We look forward to seeing the color that it brings to the special day.

**Sponsor a Comfort Bag**—This October, sponsor a comfort bag for women who have lost a child to miscarriage, stillbirth, or infant death. Hosted by Renee Backstrom.

Included: Zipper pouch, journal, pen, Chapstick, hair ties, hard candy, tissues, and a note card with the donor's name.

There are two ways to donate:

-You can send \$26 via PayPal as family/friends to [mamabirdwhimsy@gmail.com](mailto:mamabirdwhimsy@gmail.com). Renee will purchase the items needed.

-Shop the WNYPBN comfort bags party on Renee's ThirtyOne website: <https://www.mythirtyone.com/11068818?pd=11366471>, and she will use the hostess rewards to order the bags and fill them using the commission from the party.

Renee will be accepting donations from August 1st through October 31st.

Contact Renee with any questions at: 716-548-1364  
[mamabirdwhimsy@gmail.com](mailto:mamabirdwhimsy@gmail.com)

By: Erika Zambotti

## Medal Chasers – Forever In My Heart Virtual Race

The Medal Chasers "Forever in my Heart" run/walk event will return for a third year to benefit the Western New York Perinatal Bereavement Network! Registration for virtual participants will open September 15th. The event to benefit pregnancy and infant loss support will feature a new metal design, thanks to the popularity of sales and participation last year. Visit [MedalChasersVRC.com](http://MedalChasersVRC.com) and subscribe to their email list to stay up-to-date on this event!

By: Erika Zambotti



LEFT: MEDAL CHASERS AMBASSADORS VALERIE THOMAS, DONNA ZIMMER, AND RANAY LEE AT LAST YEAR'S GROUP RUN FOR THE FOREVER IN MY HEART EVENT TO BENEFIT THE WESTERN NEW YORK PERINATAL BEREAVEMENT NETWORK, OCTOBER, 2018.

RIGHT: CHRISTINE SCOTT, EXECUTIVE DIRECTOR OF THE WNYPBN, PICTURED WITH KRISTINA AND WILLIAM CRAIG, EVENT HOSTS.





## Elegant Evening to Remember Recap

This year's seventh annual Elegant Evening to Remember Gala was held on Friday, May 10th at Salvatore's. We were able to honor the members in our community who go above and beyond to assist bereaved families, and award several prominent individuals for their outstanding work and generosity. The event raised more than \$35,000 to fund the important programs of the WNY-PBN.

The WNY-PBN would like to thank the sponsors of the event, as well as everyone who dedicated their time and efforts to make the Evening a success!

**Remembrance Sponsor:**



**Candlelight Sponsor:**



**Hope Sponsors:**



NICU Practitioners & Physician Assistants  
Oishei Children's Hospital

Senator  
Timothy M. Kennedy  
New York State Senate, 63rd District

**Heart Sponsors:**

The Rockside 9



**Specialty Sponsors:**

DJ Mike from Turn it Up Entertainment, Greg & Debi Zmuda from Cavalier Wines & Spirits, Jim Breidenstein of Brother James, Pig Belly Entertainment

**Planning Committee:**

Christine Scott, Kelly Anderson, Donna Zimmer, Dawn Both-Kim, Lisa Jerebko, Ashley Leslie, Terri Ryan, Sue Bach, Deb & Greg Zmuda, Cyndee Fahey.

**Donors:** Adventure Landing, Aimee Gomlak, Albright-Knox Art Gallery. Alex and Ani, Anderson Family, Apple Rubber Products, Bach Family, Bank on Buffalo, Blu Spa, BlueCross BlueShield of WNY, Brother James, Bud & Kathy Carpenter, Buffalo Bandits, Buffalo Bills, Buffalo Groom Barber Shop, Buffalo Harbor Crusies, Buffalo Prenatal-Perinatal Network, Buffalo Riverworks, Buffalo Sabres, Buffalo Ski Club, Catalyst Fitness, Catholic Health System, Catholic Health WomenCare, Aimee Gomlak, Cavalier Wine & Spirits- Zmuda Family, Chris Colleary - Buffalo Bills, Confer Plastics Inc., CoreLife Eatery, Curly's, Darien Lake, Dark Forest Chocolate, Darren Fenn, Diamond Family, Double M Designs, Dr. Lynn Aronica, Dr. Vivian Carrion, Embassy Suites by Hilton, Erie Canal Cruises, Inc., Euphoria, Evan's Bank, Explore Buffalo, Father Richard Zajac, Fleet Feet Sports, The Forest Lawn Cemetery and Crematory Group, Helium Comedy Club, Hospice Buffalo, Hospice Essential Care for Children, Hunt Mortgage Corp., Ilio Dipaolo's, Incredible Bounce, Jerebko Family, JetBlue Airways, John R. Oishei Children's Hospital, Ken Newton Studios, Kim Family, Kissing Bridge Corp., KMR Heating & Cooling, Lake Shore Primary Care Associates, Lancaster Country Club, Inc., Lombardo Funeral Home, Lularoe by Leah Eckstrom, Mary Kay by Jenna Marie, Melinda's Home Design Remix, Mercy Hospital of Buffalo, Labor & Delivery, Mindy Jordan, Mt. Calvary Cemetery Group, Nick's Place Express, Norwex by Ashley Leslie, OB/GYN Associates of WNY, Oliver's Restaurant, Painting with Rae, Pam Aquino, Pietszak Funeral Home, Pig Belly Entertainment, Pure, Romance by Sabrina Rodriguez, Queen City Escape Room, Reyda Family, Rich Products Corp., Robinson Home Designs, Rob's Comedy Playhouse, Rochester Americans, Rockside Nine, Rocky's Games & Parties, Russell's - Steaks, Chops and More, Ryan Family, Safari Niagara, Salvatore Italian Gardens Restaurant, Scott Family, Scott Steinbrenner, Seneca Niagara Resorts & Casino, Senator Tim Kennedy, Sergi Family ~ Poppy's Paver's, Sisters Hospital~ Footprints on the Heart, L&D, Mother/Baby, NICU, Shannon Connors Fitness, Skin Center at Southgate Plaza., Southwest Airlines, Spring Lake Winery, Stephanie Christiano, The Forest Lawn Group, The Sassy Calico, Thirty-One by Christy Busbey, Tony Walker & Co., Turn It Up Entertainment, University at Buffalo Pediatric Associates Division of Neonatology, Village Veterinary Clinic of Hamburg, Resorts Boarding & Play, WNY-PBN Board of Directors, World of Beer, Zimmer Family

## Volunteers Needed: Parent Telephone Support Team



The WNY-PBN is seeking parents who are willing to connect via phone with other individuals who have experienced a similar perinatal loss. Our PTST program is a crucial part of our mission to provide support to families in need.

Everyone travels their healing journey at their own pace. For many, the extra support of someone who has been through a similar experience

can ease the way. If you experienced your loss over a year ago and are looking for a way to help newly bereaved parents, consider being that supportive presence for someone else going through painful times.

An informational session lead by Kelly Anderson, Christine Scott, and Lisa Jerebko, will be held September 12, at 6pm on site at 150 Ben-

nett Road, for those interested in the volunteer opportunity.

Please contact Christine to register: (716) 626-6363 - Christine@wnypbn.org

By: Erika Zambotti

Dr. Christalynn Kim, MD, PhD

## Walk to Remember 2019

October 13, 2019

Cheektowaga Town Park



**Event Check-In and Day-of Registration  
will begin at 11:00 AM  
Program begins at 12:00 Noon**



Throughout the nation, parents, family members, friends and healthcare professionals gather to pay tribute to the approximately 870,000 babies who die each year due to miscarriage, ectopic (tubal) pregnancy, stillbirth or early infant death. For the parents who have experienced perinatal loss, this event is an opportunity to listen to beautiful songs and poems, plant a tree, and come together with other parents to remember their beloved children.

At our event, there will be printed signs with baby names along the Walk route. If you have your sign from past years and wish to use it again, please bring it before 11:15 AM, so our volunteers have time to place it along the path. Please do not place your signs on your own. The baby signs are truly one of the most beautiful and endearing parts of the Walk. If you are new to this event, you will likely want to order a sign - you may do so as you register.

As we walk reverently in memory of these special babies, you may want to stop and take a picture or personalize your sign. Flowers will be distributed for you to place with each baby's sign.

Like other memorial walks, the Walk to Remember promotes awareness about the pain of infant loss and the effect it has on families, as well as raises money to help support those afflicted by a tragic loss. We ask that those participating in the Walk obtain donations to help support the Western New York Perinatal

Bereavement Network, Inc. (WNY-PBN) by creating a safe and secure fundraising page at [www.gvgb.co/WalktoRemember2019](http://www.gvgb.co/WalktoRemember2019).

Registration will close on September 27th to ensure time to print names in the Walk Program. Registration donation is \$20 per person, or teams of 4 or more for \$75.

Registration includes:

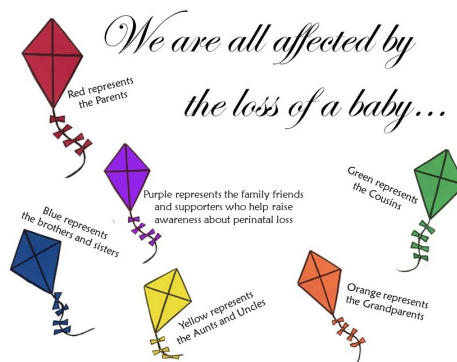
- Colorful Remembrance Pinwheel
- Picnic lunch sponsored by Frontier Catering and Sahlen's
- Your baby(ies)'s name listed on the Memorial Wall
- Kids' Zone
- Walker Gifts

Children 10 years of age and under are not required to pay a registration fee.

Registration will be available on the Day of the Walk for \$25. Pinwheels will be available while supplies last.

### Summary of the Program:

The Walk ceremony will include a kite-flying ceremony in memory of our beautiful babies gone too soon. All **pre-registered** families will have their baby(ies)'s name(s) listed on the Memorial Wall at the Main Stage. Please do not bring and release balloons, as we are making efforts towards making the program more environmentally friendly.



We will listen to music and poetry, plant a Bradford Pear tree, and fly kites to begin the memorial Walk. You may sponsor (Remembrance Tribute) the tree planting,

flying of the kites, or the flowers as you register for the Walk. The Walk route is approximately one mile in length, along walkways and sidewalks (wheelchair accessible).

At the conclusion of the Walk, there will be a complimentary picnic lunch provided by Frontier Catering and Sahlen's.

A "Kids Zone" with supervised care, games and crafts will be provided to allow adult family members to reflect on the day.

**The Walk will commence RAIN or SHINE!**



After you register, please consider creating a memorial page in honor of your baby gone too soon. You can tell your story of loss, share photographs and collect pledges to support the important programs of the WNY-PBN. In addition, please feel free to collect monetary pledges to bring with you on the day of the Walk.

**\$1000 in pledges** - Wings of Love engraved paver at the Wings of Love Memorial Garden

**\$500 in pledges** - TBD

The family with the most in pledges will also receive an engraved bronze butterfly at a Wings of Love Memorial Garden.

Invite your family and friends to register and collect pledges for your team, then join you to truly make the Walk to Remember a celebration of LIFE!

**HOODIES** with this year's Walk logo are available for **PRE-SALE** purchase via our website. The hoodies are available in a rainbow of colors to signify the relationship to our babies gone too soon. They will be \$30 each and available in adult sizes XS-XL or \$35 for XXL. Hoodie sale will be held from July 26th through September 27th. There will be no hoodies for sale the day of the walk.

If you have questions or registration/financial concerns, please feel free to contact the WNY-PBN Office for assistance: 716-626-6363

By: Dawn Both-Kim

## Area Support Groups

|                              |                                                                                                                                    |                                                                                                                                                                                 |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tiniest Angels Support Group | The Western New York Perinatal Bereavement Network, Inc.<br>The Wilson Support Center<br>150 Bennett Road<br>Cheektowaga, NY 14227 | A peer-to-peer support group hosted by the WNYPBN, for parents, grandparents, and families affected by perinatal loss. Facilitated by staff. Third Tuesday of the Month at 6pm. |
| Footprints on the Heart      | Piver Center Conference Room<br>Sister's Hospital<br>2121 Main Street Buffalo<br>716-862-1678                                      | First Tuesday of the month at 6:00 pm. Offers support to families coping with miscarriage, ectopic pregnancy, stillbirth, and early infant death                                |
| Hopeful Hearts               | Piver Center Conference Room<br>Sister's Hospital<br>2121 Main Street<br>716-862-1678                                              | Third Thursday of the month at 6:00 pm. Support group for moms pregnant again after a loss                                                                                      |
| Face2face Rochester          | 585-454-9299<br>F2frochester@gmail.com                                                                                             | A Rochester-based group offering support to families coping with miscarriage, stillbirth, and infant loss                                                                       |

### Other Groups and Sessions offered at the Wilson Support Center:

|                                             |                                                 |                                                                                                                                            |
|---------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Adult Sibling Support Group                 | 716-984-5867                                    | Contact the number listed for more details                                                                                                 |
| Bereaved Parents of the USA                 | 716-675-3844                                    | Contact the number listed for more details                                                                                                 |
| The FRAT (Fathers Rallying Against Tragedy) | 716-213-3277                                    | Contact the number listed for more details                                                                                                 |
| Healing Touch                               | 716-901-0289                                    | Energy medicine/Biofield Therapy. An Integrative health approach. Contact the number listed for more details and available sessions.       |
| Storm Clouds and Rainbows                   | 716-901-0289<br>GriefSupport@PalliativeCare.org | 8-week support group for children and teens ages 7-17 and caregivers to help cope with the death of a loved one. Call or email to register |

\*\*Please note that Caring Arms through Millard Filmore Suburban Hospital will no longer be hosting support group meetings.

## Parent's Day Breakfast Recap

On Saturday, May 11th, 2019, the day before Mother's Day, families gathered at Templeton Landing in Buffalo for a breakfast and program dedicated to the parents of angel babies.

The program included beautiful live singing and poetry reading, a candle-lighting, and a flower release ceremony all to honor bereaved parents. The day served to recognize parenthood among those who have

lost children, and to remind the rest of us to acknowledge these women and men as parents even if they have children that we cannot see.

A special thank you to the Woodin Family and Arthur's Light, LouAnn Bajdas, Sebastian Buckner, Amy Creamer, Maureen & Maryanne King, Scott Krawczyk, Maureen's Buffalo Wholesale Flower Market, Megan Torres, Abby Unger, Rev. Richard "Duke" Zajac, and Donna

Zimmer.

An additional thanks to the Penn State WPSU Crew that was present at the breakfast, filming for an upcoming documentary on grief across the lifespan for their Grief Initiative, funded by New York Life. We appreciated their presence and willingness to bring awareness to an issue that affects so many.

By: Erika Zambotti





Western New York  
Perinatal Bereavement Network, Inc.

Western New York Perinatal  
Bereavement Network, Inc.  
Wilson Support Center  
150 Bennett Road  
Cheektowaga, NY 14227

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*Helping Families  
Honoring Lives*

### Our Mission

The mission of the Western New York Perinatal Bereavement Network (WNYPBN), Inc. is to assist the community to meet the needs of people facing the pain of perinatal death. We promote standards of bereavement intervention through educational support, community programs, and referral services to bereaved parents. The WNYPBN supports an established standard of care following a perinatal death, regardless of the facility where the birth took place.

### Member Organizations:

- |                                                     |                                                                        |                                        |
|-----------------------------------------------------|------------------------------------------------------------------------|----------------------------------------|
| Baby's Sweet Beginnings Lactation & Wellness Center | Sisters of Charity Hospital                                            | Wilson Support Center                  |
| Brooks Memorial Hospital                            | The Center For Hospice & Palliative Care ~ Essential Care for Children | Niagara Falls Memorial Hospital        |
| Buffalo Prenatal-Perinatal Network, Inc             | Eastern Niagara Hospital—Lockport Division                             | Olean General Hospital                 |
| Catholic Charities of Buffalo - WIC Program         | Kaleida Health                                                         | United Memorial Medical Center         |
| Catholic Health System                              | Oishei Children's Hospital                                             | WCA Hospital                           |
| Mercy Hospital                                      | Millard Fillmore Suburban Hospital                                     | Wyoming County Community Health System |
| Mount St. Mary's Hospital of Lewiston               | Jones Memorial Hospital                                                |                                        |

### Board of Directors:

- |                                |                                                                                          |                                                                                            |
|--------------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| Jan Walkden,<br>President      | Michael Anderson,<br>Treasurer                                                           | stance Perna, Terri Ryan, Kevin Ryan, Matthew Woodin, Rev. Richard Zajac, Dr. William Zorn |
| Laura Reyda,<br>Vice President | Dr. Lynn-Marie Aronica, Sue Bach, Dr. Vivien Carrion, Amber Hultgren, Lisa Jerebko, Con- | Christine Scott,<br>Executive Director                                                     |
| Dawn Both-Kim,<br>Secretary    |                                                                                          |                                                                                            |



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The Wilson Support Center  
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