November 2020—January 2021 Volume 17, Issue 4

Forget-Me-Not Newsletter

LETTER FROM THE EDITOR

BY: SUSAN BACH, FAMILY SUPPORT SPECIALIST

I'm sure you've already seen signs of the approaching holiday season; it seems that stores are stocked with Thanksgiving goodies and wrapping paper earlier than ever, and media advertisements are already showing us beautiful images of family meals. The pandemic further complicates the plans to gather to find comfort in loved ones and old traditions.

This might be a year that you find yourself hesitant to participate in any festivities, which brings a new sadness to you and yours. Very often the anticipation of a day or event is far worse than the actual day itself.

For the newly bereaved, communicate your wishes clearly. For those supporting struggling famlies, just ask. Don't assume that the old traditions are not important. They may still bring great comfort to these dear parents that are missing their babies. Tears may fall; and that's okay!

CHRISTINE'S CORNER

BY: CHRISTINE SCOTT, EXECUTIVE DIRECTOR

Sometimes the layers of life are so busy we often forget to stop and take a MOMENT. Out of the corner of my eye I saw my sign to STOP, it was my MOMENT. The sunbeams were bouncing off the window glass pane allowing my tiny angel hanging in the window to glisten. The butterflies on the angel looked like they were in flight and the words of Embrace your Journey flickered in the sunlight. I read two quotes in the Bereaved Parents of the USA newsletter earlier that week that said, "Together We Journey" and" We Remember...We Mourn... We Celebrate...We keep their love alive... As we journey on our way......" All those words resonated with me at that very moment.

I reflected on several things our team has created and worked to accomplish for all of our bereaved Network families throughout October: Pregnancy and Infant Loss Awareness Month!

I embraced the moment when I saw the cars filled with families line up to enter Forest Lawn for the Road of Remembrance—ready to pay tribute and honor their beloved babies, as they drove reverently through the beautiful grounds.

I embraced the moment when I paid witness to hundreds of burning candle pictures on our network Face-book feed all flickering in the dark on Oct 15th at 7 pm for the International Wave of Light, reminding us we journey together with our hearts filled with light and love for our babies and each other.

I embraced the moment when I drove downtown Buffalo and thousands of pink and blue bulbs glowed in the dark sky lighting up the landmarks reminding us of community support and unity for those who have suffered the tragic loss of a child.

As I reflect on all these moments, I embrace my journey as a bereaved mom, wife a friend, a director, col-

league, caretaker, supporter, a bereaved family member..... embracing the journey of grief and healing, knowing I am not alone, we are not alone! We are together united, supported, hopeful, and embraced by the love that our children have given us that brought us all together.

So, together we journey to remember, mourn, celebrate and keep their love alive, as we journey on our way.

"Grief never ends....but it changes. It's a passage, not a place to stay. Grief is not a sign of weakness, nor a lack of faith...It is the price of love." Author Unknown

Wishing you Peace this upcoming Holiday Season!

Stay Safe & Well.







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SAVE THE DATES

• November 7-December 7

Purchase and place your Virtual Basket Raffle Tickets

• November 19

Children's Grief Awareness Day

• December 8-10

Virtual Basket Raffle winners are drawn and posted

FORGET-YOU-NOTS

Michael Anthony Anderson April 5, 2005

Always, always in our Hearts! Love, Nana & Papa xxxooo We love you always! Love, Mommy, Daddy & Mia

Parents: Michael & Kelly Anderson

Lilya Raine Arena September 26, 2009

 $\label{thm:eq:hugs} \mbox{Hugs to the sky, baby! Mommy, Daddy and little sister Willow love and miss}$

you.

Parents: Kelly & Michael Arena

Jivae Andrea Báez December 28, 2012

Our beautiful baby girl... we love and miss you every second of every day. Thank you for your sweet baby brother Jamari. All our love all our life. Love, Mommy and Daddy.

Parents: Evelyn & Jarred Báez

Jackson Roy Barber July 25, 2011

Gone too soon, but never forgotten. *Parents: Jennifer & Jim Barber*

Logan Andrew Cooper January 9, 2015-March 25, 2015

Logan, we love you and miss you very much. Our beautiful angel bear, our "Logi Bear". You would be 5 years old and ready to start kindergarten. I wish so much that I could send you off to school. Daddy and I talk about you to everyone, including your rainbow sister Aubrie Ana. We have a beautiful curio cabinet set up in your honor with all of your special things. We still add to it with beautiful things that remind us of you. When I turn the light on in the curio I feel like you're here with me. I LOVE YOU and think of you every day. I hope you're dancing in the sky.

Parents: Grace & Shawn Cooper

Riley James Croce March 8, 2010
Gabrielle Irene Croce August 3, 2010
Baby Croce December 9, 2013

Parents: Lena & Dan Croce

Juju Dintcheva David February 27-28, 2016
Baby Dintcheva David November 17, 2018
Frozen Dintcheva David August 27, 2019

Frozen, our hearts are broken. Our hearts are forever frozen for you and for your sister Juju and brother Pip. May you all rest in peace and watch over us left behind.

Parents: Elka Dintcheva & Jonathan David

Angela Marie Capage April 28, 2003

Out came the sun and dried up all the rain, then Grandma and Grandpa held baby Angela again.

Parent: Lisa Capage

David Nelson Dietz January 8, 2020

Our baby was delivered at just 16 weeks. He was beautifully and wonderfully formed. Our hearts and arms long to hold him and watch him grow. He is forever in our hearts, this precious little angel.

Parents: Stephanie & Steve Dietz

Nora Jean Groves May 18, 2019-July 2, 2019

To our baby Nora Jean, thank you for giving us a lifelong blessing in such a short amount of time. You are always on our minds. Fly high, baby butter-fly.

Parents: Shelby Wallace & Jesse Groves

Allison Rae Harp 1993

I lost my little girl during my pregnancy in 1993. I never knew about this organization until today.

Parent: Roslyn Harp

John Paul Jerebko November 18, 1999

Our little angel! Love, Mom, Dad, Jakob & Jackson

Parents: Peter & Lisa Jerebko

Baby Boy Jonathan June 8, 2018

You will be forever loved & sadly missed.

Parents:

LaRue & Leilan Jonathan

Marrina Kim August 3-4, 2005 Ella Grace Kim June 8, 2007

We love you and think of you so very often. Please watch over us...now and

always.

Parents: Dawn & Mark Kim

Bayley LeBoeuf April 16, 2015 Sawyer LeBoeuf November 29, 2015

We love and miss you both so very much.

Parents: Kevin & Britt LeBoeuf

Trevor Jackson Locke August 8, 2019

Happy 1st Birthday. We think of you every day. Mommy and daddy love you so much and send butterfly kisses to you.

Parents: Jennifer Riederer & David Locke, Jr.

Bud Charles Mott September 12, 2005
Theresa Marie Mott September 12, 2005
"Blueberry" Mott January 21, 2014
Baby Mott December 23, 2014

Miss you with all of our hearts, Theresa, Bud, "Blueberry" and Baby Mott. God knows our pain and sadness. We know that someday, we will see you

All our love ~ Daddy, Mommy & Allison

Parents: Timothy & Beth Mott

Mary Parisi November 20, 2016

We are always thinking of you Mary girl. Thank you for bringing us your little brother James, and little sisters Caroline and Lucy. We carry your heart with us always. Love, Mom and Dad

Parents: Anthony & Molly Parisi

Michael James Quigley October 24, 1992

Miss you more and more! 'Til we meet again!

Love, mom

Parent: Debi Zmuda

Jacob Wesley Scott May 27, 2000

We love you and think of you every day! Butterfly kisses buddy! Love, Mom, Dad, Thomas & Mandy

Parents: Phillip & Christine Scott

Benjamin Robert Stockman April 24, 2020

We love you so much and think about you every day. You are and will always be our "little Hercules." I often sit in your room and read your books, hoping that maybe you can hear me. Daddy and I are hopeful to give you a brother or sister someday. You are in our hearts forever. Love, Mommy & Daddy.

Parents: Bryan & Michele Stockman

Grace Lee Zimmer April 12, 2012

Until we meet again, fly sweet butterfly, fly! A moment in our arms, A lifetime in our hearts.

Love, Mom, Dad, Hunter and Luke Parents: Donna & Russell Zimmer

Charlie Zuchelkowski December 29, 2019-January 25, 2020

Parents: Alex & Rachel Zuchelkowski

SAFE ARRIVALS

Katie Morales welcomed her Rainbow baby, Melina, on July 22, 2020. Katie and her family remember cherished son Stefan William Kokotajlo (January 4, 2006).

Megan Torres, Network mom featured in the Speaking Grief documentary, welcomed her Rainbow baby, Rome Oliver Snyder, on July 2nd, 2020. Megan and her family remember and honor daughter Nova Marie Snyder (April 13, 2015).

Interested in submitting a Memorial or announcing your Safe Arrival?

Please email your baby's Forget-YOU-Not or Safe Arrival to: **forgetmenotnewsletter@hotmail.com**

Submissions are due by the 15th of the month prior to the issue month. Family members and friends are encouraged to submit.





Beautiful items hand-made and donated to the Network for our Sibling and Angel Robes Programs

PARENT TELEPHONE SUPPORT TEAM

The WNYPBN is in need of parents interested in volunteering their time to help the newly bereaved. One of our very important programs, the Parent Telephone Support Team (PTST) contacts newly bereaved mothers and fathers, supporting them with a listening ear and the knowledge that they are not alone in their grief.

If you are interested in volunteering for this program, please contact Kelly Anderson at the WNYPBN office at (716) 626-6363.

EASY WAYS TO RAISE MONEY FOR THE NETWORK

An easy way to further enhance our fundraising efforts in by using Amazon.Smile.com and choosing the WNY Perinatal Bereavement Network as the charity that benefits from your purchases. It does not cost you any extra money, but the WNYPBN benefits—every little bit helps!

How many of us utilize search engines in our daily quests for information? I'd bet most of

us do! If you create a FREE account using GoodSearch at www.goodshop.com. You can easily make \$.10 per search you perform for the WNYPBN! Just choose the Network as your charity of choice when setting up an account. Then save the site in your favorites bar and utilize this search engine every time you need information! This site is powered by Yahoo, so you will obtain relevant information.

THANK YOU:

Jean Egan for the generous donation of beautiful fleece for blankets.

Hettie Domino for sewing adorable flannel blankets and using some of Jean's fleece to sew even more!

Mary Shinners for more precious flannel blankets, and to Michele Stockman for crocheting bunnies for our Sibling Program.

St. Christopher's Church for crocheting Angel blankets.

Marie Hallock for the crocheting two boxes of baby blankets.

To friends of Klansee Reynolds Bulmer, for the lovely caps and buntings.

Ian Woods for choosing the WNY-PBN as beneficiary to receive proceeds from the Go Pink Buffalo "Red Buffalo" lawn ornament sales. We have received \$4,480 to date from sales of those red buffaloes you see out and about!

Many, many thanks to Molly and Jeremy White for creating and promoting the sale of sweatshirts by Jim Liberatore and sold through the **Bonfire.com** fundraiser to support our October fundraising efforts. We appreciate the donations and everyone that purchased one of these extremely ELITE hoodies! Best October Surprise EVER!



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Thank You to Our Sponsors for their continued support through these trying times

Angel Sponsors:



Timothy M. Kennedy New York State Senator, 63rd Distric



Heart Sponsor:





Flower Sponsor:



Supporting Sponsors:

Medal Chasers

Bank on Buffalo

Pedals to Please

Forest Lawn Cemetery

New York Life Foundation

WPSU – Penn State

THE ROAD OF REMEMBRANCE:

A MEMORIAL DRIVE THROUGH FOREST LAWN CEMETERY

By: Dawn Both-Kim

October 11, 2020 proved to be a perfect day to take part in the Road of Remembrance. The crisp, chill day saw both sunny breezes and cloudy blusters... a great day to gather up the family and take a drive through Forest Lawn Cemetery, remembering our beloved babies gone too soon.



THE WINGS OF LOVE MEMORIAL IN FOREST LAWN CEMETERY DECORATED FOR THE ROAD OF REMEMBRANCE

Because of the restrictions in place due to the Covid-19 pandemic, the annual Walk to Remember could not take place. The planning team worked hard to create an event that would be equally memorable and meaningful, as well as safe for all those who would take part. We determined that participants would drive in their own vehicles through Forest Lawn Cemetery for safety. The route took families past the Wings of Love Memorial Monument, that so many have heard about, but few had a chance to see. The route also passed a number of beautiful monuments and statuary whose home is the historic Forest Lawn Cemetery, including "The Little Girl on the Little Island" that memorializes all children that have

died. The event kept the memorial signs aspect of the Walk to Remember, allowing families to see their baby(ies)'s remembered at the event. A video to accompany the event was posted on YouTube to give a soundtrack of meaningful music and poetry to guide participants along the route. The video itself played slides of encouraging quotes, pointed out various monuments and statues, and thanked our donors for their much-needed assistance in these difficult economic times. You can still view this video at: https://www.youtube.com/watch?v=hsZjx76VRGU&t=38s

When families who had registered for the event arrived, they were gifted with a bag of mementos from our sponsors. The bags contained programs with valuable information about the WNYPBN programs, and memorialized the babies remembered at this event. A brochure about Forest Lawn Cemetery was included, and participants were encouraged to tour the historic park once they concluded their memorial drive.

The Wings of Love Memorial Fund and Medals Chasers donated keychains with the Wings of Love logo, Bank on Buffalo donated power banks for use with handheld electronic devices, AAA of Western and Central New York provided adhesive-backed card pockets, and Catholic Health provided emery boards. Petals to Please provided flowers for all mothers and grandmothers taking part in the event. The beautiful carnations were greeted with appreciation by all.

The WNYPBN and Road of Remembrance committee would like to thank the numerous volunteers who gave of their time and energy to make this event all that it could be. So many families drove through the route multiple times and stopped to extend their appreciation for the meaningful nature of the event. Those messages of thanks made the hours of planning and preparation completely worthwhile!



"THE LITTLE GIRL ON THE LITTLE IS-LAND" STATUE HONORING CHILDREN WHO HAVE DIED.

ROAD OF REMEMBRANCE (CONTINUTED)

The Walk to Remember and Road of Remembrance events promote awareness about the tragedy of losing a baby, as well as encourages support for those who have had to endure perinatal loss. The WNYPBN could not do all that we do without the donation of much needed funds. As part of the registration for the Road of Remembrance event, participants were encouraged to create a fundraising page on our secure platform: JustGiving. We would like to thank the following families who were able to raise money to support our mission of helping families and honoring lives:

Tom Ingalsbe, Dawn Both-Kim, Dana Walker, Dan Shinners, Renee Backstrom, Shannon Packard, Ashley Brandt, Veronica Erick, Hannah Hagner, Ashleigh Cieri, Amanda Newman, Julie Atkinson, Amanda Hens, Melissa Brown, Klansee Reynolds Bulmer, Katie Morales, and Kristine Beedham.



THE WALK TO REMEMBER BANNER WAS DISPLAYED NEXT TO THE WINGS OF LOVE MEMORIAL MONUMENT AT THE ROAD OF REMEMBRANCE

October is Pregnancy and Infant Loss Awareness Month

PREGNANCY AND INFANT LOSS AWARENESS MONTH ACTIVITIES

The WNYPBN sponsored many activities during the month of October to commemorate Pregnancy and Infant Loss Awareness. The Road of Remembrance was, of course,



Pregnancy and Infant Loss Awareness Face Masks



\$15 each – includes shipping and handling

All proceeds to benefit the myriad programs of the WNYPBN, Inc.

Contains slot for filter

Purchase on our website: wnypbn.org

We all have to wear them why not wear one for a cause? Not a medically certified mask the main activity. However, the WNYPBN supported Gavin's Light Candle-Lighting Ceremony that took place near Olean on October 15th which is Pregnancy and Infant Loss Remembrance Day. Dana Watson, with LovelnMotion.yoga, collaborated with the WNYPBN to create a virtual yoga class culminating in the candle-lighting for the International Wave of Light. Various landmarks throughout Buffalo were lit in pink and blue through "Buffalo Lit" in commemoration on October 16th. Also, Medal Chasers hosted their "Forever in my Heart" virtual run, as they have done for the past several years.

A hearty congratulations to Susan Was who was the winner of our Take Flight Sweepstakes. She won round-trip airfare for two from JetBlue Airlines. Many thanks to all who purchased tickets!

Amy Creamer and friends at Footprints on the Heart (Sisters of Charity Hospital) held a beautiful virtual memorial service on October 24th, 2020, to remember and honor our babies. If you missed it, it is available online at

www.facebook.com/footprintswny/ videos/360223281768216/

The WNYPBN still has a few Pregnancy and Infant Loss Awareness masks available. Thank you to Jerline DiCioccio for organizing this fundraiser.

Please see our newly re-created website for more information on these and all of our programs and events.

November is

Children's Grief Awareness Month

Speaking Grief
Brought to you in conjunction with **SpeakingGrief.org**

The WNYPBN, Inc. is grateful to announce that we have been chosen to be a part of the Grief Initiative, funded by the New York Life Foundation and produced by WPSU Penn State. This is a new public service media project where one of our Network family members was able to share their journey of the loss of their baby girl. The documentary is 60 minutes in length and shares diverse representations of grief and mourning and how families find ways to incorporate the person they lost into their new reality with loving remembrance. The initiative hopes to convene a national conversation about grief that will help the bereaved and provide guidance to companions on how to offer meaningful support. The documentary can be viewed anytime at speakinggrief.org. We encourage you to watch the documentary and share the link with your family members and friends.









We hope that this documentary and the Grief Initiative produced by WPSU Penn State will help bring light to not only to the struggles of grieving, but the public stigma surrounding the issue of loss due to miscarriage, ectopic pregnancy, stillbirth, and early infant death which causes so many in our community to suffer in silence. We feel that welcoming this project helps to fulfill our mission to bring a greater awareness to this particular adversity for those experiencing perinatal loss.

Get help now: CRISIS TEXT LINE Text FUTURE to 741741 for free, 24/7 support in the U.S.

November 19th is

Children's Grief Awareness Day



As a part of the initiative, The New York Life Foundation created a book dedicated to the children and families who have lost a loved one. If you have bereaved children in your household, we would like for you to view the electronic copy of the book, The Golden Sweater, on our website. Please also view the accompanied resource sheets on discussing the book with your child. We ask that you read the book and resource sheets prior to sharing this book with your children. Talking about the death of a family member can be difficult, but it is the story and sharing that make it a little easier to discuss a difficult subject.

We would like to thank WPSU – Penn State, The New York Life Foundation, and bereaved mother, Megan Torres, and her family for sharing their journey of the loss of her daughter, Nova Marie. We would also like to thank all of our Network families that attended the 2019 Wings of Love Parents Day Breakfast that is also featured in the documentary. If you have any questions or concerns, please call the WNYPBN office at (716) 626-6363.

For more details, please see our website at WNYPBN.org



"Evening to Remember" Basket Raffle Is Now VIRTUAL!!

Tickets can be purchased and placed ONLINE November 7, 2020 through December 7, 2020

https://app.etapestry.com/onlineforms/ WesternNewYorkPerinatalBereav/BasketRaffle2020.html

Baskets will be drawn on December 8, 2020

We need your help now more than ever!

Please contact Cyndee Fahey at 716-361-9330 or fahey.cyndee@gmail.com with any questions!



Proceeds from this event will benefit the important programs of the WNYPBN, Inc. The WNYPBN, Inc. is a tax-exempt, charitable organization that provides educational support, community programs and referral services to parents who have lost a baby due to miscarriage, ectopic pregnancy, stillbirth or early infant death.

Find us on the Web at: www.WNYPBN.org



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www.wnypbn.org



Helping Families, **Honoring Lives**

Our Mission

The mission of the Western New York Perinatal Bereavement Network, Inc. is to assist the community in meeting the needs of people facing the pain of perinatal death. We promote standards of bereavement care intervention through educational support, community programs and referral services to be reaved parents. The WNYPBN supports an established standard of care following a perinatal loss, regardless of the location of where the loss took place.

Baby's Sweet Beginning's Breastfeeding & Maternity Boutique, Lancaster Brooks Memorial Hospital

Buffalo Prenatal-Perinatal Network, Inc.

Catholic Health System (Mercy Hospital, Sister's Hospital)

Mount St. Mary's Hospital of Lewiston

Hospice & Palliative Care Buffalo, Inc.—Essential Care for Children

Kaleida Health (Oishei Children's Hospital, Millard Fillmore Suburban Hospital)

Jones Memorial Hospital Wilson Support Center

Niagara Falls Memorial Hospital

Olean General Hospital

United Memorial Medical Center

WCA Hospital

Wyoming County Community Health Center

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Kelly Anderson