

## Area Support Groups

Tiniest Angels Support Group	WNYPBN's peer support group for anyone who has experienced perinatal loss. 1st and 3rd Thursdays of each month, 6PM	716-222-2150	IN-PERSON the 1st Thursday of each month at Resurrection Life Church, 2145 Old Union Rd., Cheektowaga NY VIRTUALLY the third Thursday of each month (email Kristen@wnypbn.org for ZOOM link).
Footprints on the Heart	Piver Center Conference Room, 2121 Main Street Buffalo, NY 14214	716-346-1013	2nd Thursday of each month, 6PM
Forget Me Not Rochester	ForgetMeNotRochester@gmail.com	585-454-9299	Pregnancy & Infant Loss Support Group based in Rochester, NY

## National Organizations, Programs and Other Helpful Websites

Share Pregnancy and Infant Loss Support	An online community for any person who has experienced the loss of a baby	www.nationalshare.org
PSI-Postpartum Support International	Non-judgmental support, information, and connection with others. Get Help: Loss & Grief	www.postpartum.net
Return to Zero: H.O.P.E.	A national non-profit organization that provides holistic support, resources, and community for all people who have experienced unimaginable loss during the journey to parenthood	www.rtzhope.org
Still Standing Magazine	The world's leading online voice in breaking the silence on child loss – from conception to adulthood, and infertility. ONLINE facebook group.	www.stillstandingmag.com
Grieve Out Loud	A pregnancy and infant loss support website that offers an online pen pal program for bereaved parents and grandparents.	www.grieveoutloud.com
Empty Arms	A community committed to meeting parents where they are, includes support for Termination for Medical Reasons	www.emptyarmsbereavement.org
The MISS Foundation	An international support organization providing care to families who have experienced the death of a baby. Provides support for families struggling with traumatic grief. Information and resources for bereaved parents, grandparents and siblings.	www.missfoundation.org
The Compassionate Friends	A national organization that offers comfort and support for parents, siblings, grandparents, and other family members experiencing the death of a child.	www.compassionatefriends.org
The Dougy Center	A center that provides grief support in a safe place where children, teens, young adults, and their families can share their experiences before and after a death.	www.dougy.org
Star Legacy	The Western NY Chapter of Star Legacy Foundation, located in Rochester, NY is a team of individuals who are passionate about supporting families and medical professionals regarding all aspects of pregnancy and infant loss.	www.starlegacyfoundation.org/western-ny-chapter
Guys and Grief Podcast	A podcast created to provide support and a community of men that have experienced a pregnancy or infant loss. This podcast is hosted by three friends/loss-fathers, Brad, Brian, and Brandon.	www.guysandgrief.com
Wilson Support Center	Available to discuss any questions or concerns regarding the grieving process. Support is provided by licensed counselors and customized for each person because we recognize everyone copes with grief differently. Information and resources are always available to <u>anyone</u> grieving.	150 Bennett Rd. Buffalo, NY 14127, 716-836-6460 GriefSupport@palliativecare.org